



SAFE, RESPECTFUL
LEARNERS



VISION STATEMENT

As a learning community we know, value and care for every child. We share responsibility to nurture, guide, inspire and challenge students. High quality teaching develops confident and creative individuals with the personal resources for future success and wellbeing.

2019 ATHLETICS CARNIVAL

AGE CHAMPIONS

Juvenile Girl: Dakota D

Junior Girl: Jorja P

Senior Girl: Leshae W

Juvenile Boy:

Jhett C

Junior Boy:

Angus S

Senior Boy:

Lucas W

WINNING HOUSE ~ *SHORTLAND*

RECORDS

12 Year Boys 100m: Mitchell B ~ 14.08 (previous record of 14.4 set in 2004)

13 Year Boys 100m: Lucas W ~ 14.71 (new record)

12/13Year Boys 200m: Mitchell B ~ 30.70 (previous record of 31.32 set in 2006)

****Lucas W also broke this record with a time of 30.79****

Congratulations to all students. So many outstanding achievements and many stories of wonderful sportsmanship.

Thank you to Kurri Kurri Athletics, Kurri Kurri Soccer, Sports In Schools, students and staff for helping to make the day so successful. The zone carnival will be held on Friday 2nd August, 2019. Students successful in making it to zone will be notified this week.



SPORTING NEWS

REGIONAL CROSS COUNTRY

Three boys from Abermain Public School represented the Cessnock Zone at the 'Regional Cross Country' last Friday 31st May ,2019 at Cessnock Race Track.

Traie, Jackson and Leverett all put in a massive effort in their 3km races. All the boys should all feel extremely proud of themselves to have had the opportunity to complete at this high level.



PSSA NETBALL

On Wednesday 5th June, 2019, nine girls represented Abermain Public School at the PSSA Netball Knockout competition. The girls faced a tough game for the first game against Kurri Kurri Public School. Unfortunately the girls went down to Kurri, but they then had the opportunity to show off their skills in two more games. All of the girls showed great sportsmanship and played very well. The girls represented Abermain Public School with pride and respect. Congratulations girls!





GRIP LEADERSHIP CONFERENCE

On Monday 3rd June, 2019, the School Leaders were driven down to Gosford, where we arrived at the Central Coast Leagues Club for our School Leader Conference.

We had fun games to play whilst learning how to become a strong, independent leader. The workers of GRIP (Sam, Andy, Adam, Cassie and Rachel) taught us the key values of leadership. We had a spectacular day out, and in the end the long drive was worth it.

By Tahlee R & Emma C

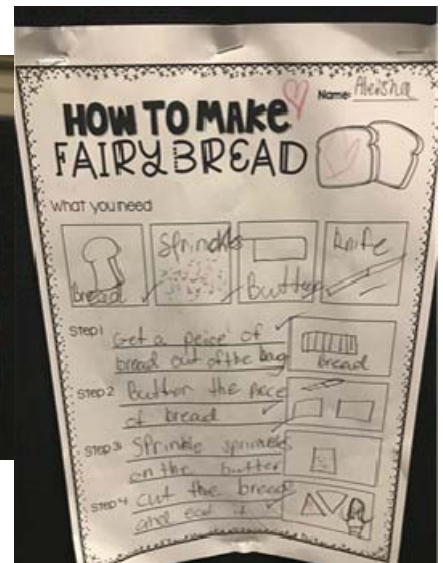
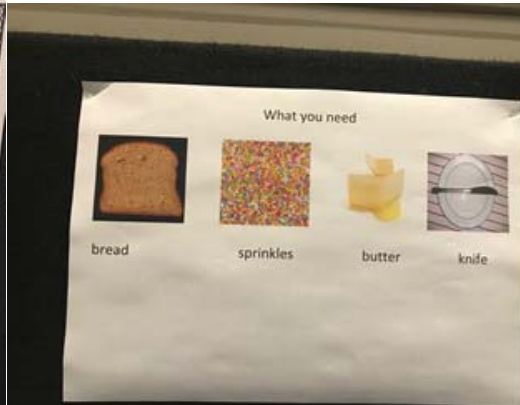
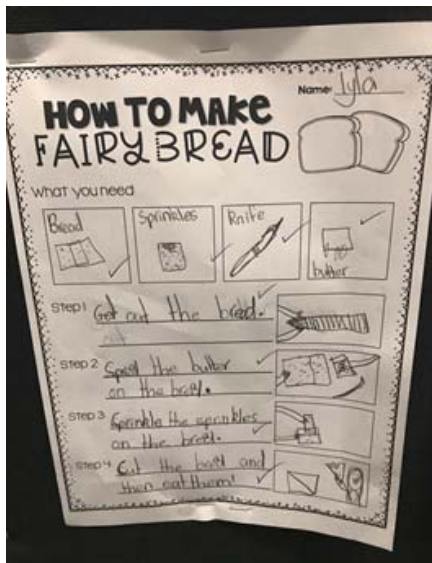
YEAR 5 KURRI KURRI HIGH SCHOOL ORIENTATION DAY

On Tuesday 4th June, 2019 lots of the Year 5 students from Abermain Public School went to Kurri Kurri High School for an Orientation day.

In the morning we all met in the gym and went into our groups. In the hall were lots of STEM activities. We got to make paper airplanes, make animals using tangrams. We used droppers to see how many drops we could put on a 5 cent coin. Then we went to the library and played BINGO with words. The winner got a candy cane. Last we went back to the gym and played PE games like tug of war, basket ball shots, rock-paper-scissors in hoops and the final one was sock wrestling. The most fun activity was sock wrestling and every one had a good day and I can't wait to get to High School.

By David J





How to make Fairy Bread by 2A



PRINCIPAL'S REPORT

Congratulations to our School Leaders who represented the school with pride on Monday 3rd June, 2019 where they attended the 'GRIP Leadership Program' that was held in Gosford. Please see their report in this newsletter.

This week all parents and carers will have received a letter of invitation to our Aboriginal Education meeting to be held on Tuesday 18th June, 2019 (Week 8) in the school library at 3.30pm. This meeting is important for the school to outline the ways that we support Aboriginal Education at Abermain Public School and to seek future direction from our community.

Next week we will celebrate the submission of our External Validation (EV) process. EV is an opportunity for our school to assess ourselves and then share our findings against the School Excellence Framework. We thank all of our community for your input, as we pause to celebrate! As this process comes to a close we will host an EV P, consisting of external personnel, and later in the term, where we will further elaborate on our submission.

The official opening of the new canteen will take place on Wednesday 12th June, 2019 at 1:30 pm. Clayton Barr, MP, has been invited to open the canteen following its recent upgrade. All parents and carers are invited to attend the opening, followed by an afternoon tea in the canteen hall.

We wish everyone an enjoyable and safe long weekend.

Principals

Ian Lamph and Debbie Bower

TERM 2, 2019 ASSEMBLY DATES

Years 5 - 6, Monday 17th June, 2019 - 2.30pm

(Parents/carers of students receiving awards will be notified of where assembly will be held closer to the day)

**Term 2 Children's University NEWS:**

All children should be looking to find activities to receive stamps in their passports across both term time and during the upcoming school holidays. We encourage all children to keep exploring and trying **new** skills. We would like to introduce the CU team for 2019.

Selina Darney – Coordinator; **Ellen Monaghan** – Administration; **Ave Chadwick** – Mid North Coast/ Lakes East; **Larissa Johnston** – Central Coast/ Lakes West; **Natasha Burns** – Newcastle; **Shaye Bourke** – Cessnock/Kurri/ Singleton; **Emily Fuller**- Out of Home Care.

- **Term 2 Activity Booklet:** This week your child should be receiving the term 2 booklet. We will be exploring CU children as global citizens. Ask your coordinator for a copy



- CU Newcastle now has its own Facebook page and is filled with the most current events and information for our children relating to all NSW activities.

Look up and like: **Children's University Australasia (Newcastle)**

- **CU On-campus Discovery Days** – (June – July)

We are extremely excited to welcome onto campus this year 48 of our partnering schools and their families. We encourage all families to come and share the day with their children. In the last two weeks of this term, we will be hosting events at Taree, Central Coast and Callaghan.

- **CU website**

Children are encouraged to check the website regularly and link into opportunities that become available. Online learning opportunities and monthly challenges are being added each month.

Looking to support all our children to have **30 hours by Sept 25** to be eligible to join us for the graduation.

Please contact us to answer any of your questions you might have 49218739.

CU team



CANBERRA 2019 PAYMENT DATES

\$50.00 Deposit - Payable by 22nd March, 2019

\$100 Instalment - Payable by 12th April, 2019

\$100 Instalment - Payable by 10th May, 2019

\$100 Instalment - Payable by 7th June, 2019

\$100 Instalment - Payable by 5th July, 2019

\$50 Final Payment - Payable by 2nd August, 2019

“SAVE THE DATE”

ABERMAIN MISSION HALL CHURCH &
ABERMAIN PUBLIC SCHOOL P&C PRESENT...

CAROLS
BY CANDLELIGHT

Location:
ABERMAIN PUBLIC SCHOOL

MONDAY 9TH DECEMBER, 2019 AT 6PM

Gold Coin Donation

Food & Drinks available throughout the night

Visit from Santa

Fireworks at 9pm



 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make winter warming snacks.

During winter, after a long day at school, kids come home ready for a nice warm snack. Here are some simple, healthy snacks to warm and satisfy tummies.



- Creamed corn on wholemeal toast
- Baked beans on an English muffin
- Bowl of vegetable soup (try pumpkin or potato and leek)
- [Stewed apples and sultanas](#)
- Toasted cheese and tomato sandwich
- [Banana pikelets](#)
- [Zucchini and cheese hash brown cups](#)
- Porridge with pear

For these recipes and more visit
healthylunchbox.com.au

healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to make baked veggie chips

Serves: 4 | Prep time: 15 min | Cooking time: 20 min

Ingredients

1 sweet potato, peeled
2 carrots, peeled
2 parsnips, peeled
1 large beetroot, peeled
Sprigs of fresh rosemary or thyme
Olive oil spray
Sea salt



Method

Pre-heat oven to 190°C. Slice all the vegies into thin rounds. Spread them out on paper towels and blot dry, ensure they're as dry as possible.

Line a baking tray with foil and lightly spray with olive oil. Spread the vegies and herbs on the tray and spray them with olive oil and add a dash of salt. Bake for approx. 20 minutes, checking every 5 mins. to ensure they're not burning. Remove any that are brown and crispy before the others.

For more recipes, tips and ideas visit our [website](http://healthylunchbox.com.au).

healthylunchbox.com.au



DO YOU REQUIRE A BREAK, HAVE APPOINTMENTS, NEED TIME OUT, WORK LONG HOURS!!!

TRY SHERPA KIDS

WE ARE HERE FOR BEFORE SCHOOL AND AFTER SCHOOL CARE AT ABERMAIN PUBLIC SCHOOL!!!

MONDAY TO FRIDAY FROM 7.00AM BEFORE SCHOOL CARE,
AFTER SCHOOL CARE AVAILABLE FROM SCHOOL END UNTIL 6.00PM.

Located in the canteen hall.

Enrolment is free,
Structured activities available
Quality Care Programs
Breakfast and Afternoon Tea Provided
Outdoor play
Imaginative and Creative Play environment
Inclusion support programs
CCB and CCR available.

Out of Pocket Fees can be as little as \$3.00 per session.

Enquiries available

Spaces available daily.

[Casual and Permanent Places.](#)

Elaine McCourt 0410 647 153 hunter@sherpa-kids.com.au



BOOK CLUB ORDERS TO BE
RETURNED BY
WEDNESDAY 19TH JUNE, 2019
BY 12.00 NOON.



P&C NEWS



STICKER BOOKS HAVE BEEN SENT HOME WITH STUDENTS. A COLLECTION BOX IS AT THE FRONT OFFICE AND ALSO AT WOOLWORTHS CESSNOCK.

PLEASE SUPPORT OUR SCHOOL. IT IS HOPED THAT WITH YOUR SUPPORT OUR SCHOOL WILL BE ABLE TO PURCHASE MORE SPORTING GEAR WITH THE REWARDS

1ST MAY TO 25TH JUNE 2019



**OFFICIAL OPENING OF THE NEW CANTEEN
WEDNESDAY 12TH JUNE, 2019 AT 1.30PM
THERE WILL BE AN AFTERNOON TEA FOLLOWING
THE OPENING. ALL WELCOME TO ATTEND.**

NEXT P&C MEETING - MONDAY 1st JULY, 2019 AT 5.00PM

ABERMAIN PUBLIC SCHOOL PLAYGROUP

Wednesdays during School Terms

9.30am – 11.00am

ALL WELCOME!

For more information contact

Cheryl-Ann Leggatt Ph: 0414 625 872



Hurry! Bonus Early Bird Offers. Limited Time Only.

Abermain Public School is fundraising with Entertainment!

Your support really helps, so we're thrilled to let you know about special bonus Early Bird Entertainment Membership Offers for loyal supporters. Pre-order the NEW 2019 | 2020 Entertainment Membership before April 4 2019 and receive bonus offers you can use right away!

Order online at www.entbook.com.au/34447j

Pre-order to enjoy these bonus offers



PREVIEW THE VALUE

New to Entertainment 2019 | 2020



FUNDRAISING WITH **entertainment**

THANK YOU FOR YOUR SUPPORT!
Abermain Public School
Cheryl-Ann Leggatt
abermainschoolptbk@gmail.com



VOLUNTEERS

If you would like to volunteer at our school during 2019 please ensure you have been to the office to complete a 2019 Volunteer Policy Agreement and an Appendix 5 or Appendix 11. Both of these forms need to be completed before commencing volunteer work at Abermain Public School.



A REMINDER
THAT THERE IS
TO BE NO
SMOKING
WITHIN 30
METRES OF
OUR SCHOOL

STUDENT ABSENCES

*SMS texts will be sent between 9.45am and 10.00am each day to inform that an absence has been recorded for their child. Parents/carers can explain the absence either by SMS text, in person, by phone, school email or a letter to the class teacher. **ALL absences must be explained within seven (7) school days.***

If you are having attendance issues with your child, please contact the school so we can work together to improve their attendance at school.

MEDICATIONS

If your child requires non-prescribed or intermittent medication administered at school parents/carers must complete a medication form which can be obtained from the school office. This form requires specific details of medication and health management.

FOR THE SAFETY OF **ALL** CHILDREN MEDICATIONS MUST BE HANDED TO THE OFFICE BY PARENTS/CARERS. MEDICATIONS ARE **NOT** TO BE HANDED TO THE STUDENT TO BRING TO OR FROM SCHOOL.

EARLY LEAVERS

Parents/Carers are reminded to visit the school office if they want to sign their children out early before the end of the school day. Office staff will then contact the relevant class to request students to come up to the office. Parents/Carers are encouraged to advise their child's teacher or the office staff at the start of the school day if they require their child to be picked up at a particular time so that the student can be reminded to come up to the office at that time. **To avoid delays, parents/carers are asked not to come during lunch and recess as they will be asked to wait until students return to class.**

Please note: only parents/carers and those listed on the emergency contact list will be allowed to collect students early. If you would like someone who is not listed as your child's emergency contact to collect your child, please contact the school to advise the name of this person.



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|-----------------------------|---|
| ◆ Thursday 6th June, 2019 | Healthy Harold |
| ◆ Friday 7th June, 2019 | Healthy Harold |
| ◆ Tuesday 11th June, 2019 | Healthy Harold |
| ◆ Wednesday 12th June, 2019 | Healthy Harold
Official opening of the new canteen - 1.30pm |
| ◆ Thursday 13th June, 2019 | 3/4E, 3/4W & 4/5P Singleton Infantry Museum
Excursion |
| ◆ Monday 17th June, 2019 | Year 5 - 6 Assembly, 2.30pm |
| ◆ Wednesday 19th June, 2019 | Book Club orders to be returned by 12noon
Public Speaking Finals |
| ◆ Monday 1st July, 2019 | P&C Meeting - 5.00pm |
| ◆ Tuesday 2nd July, 2019 | Children's University on Campus |
| ◆ Friday 5th July, 2019 | Last day of Term 2 |
| ◆ Monday 22nd July, 2019 | Students return to school for Term 3 |
| ◆ Friday 2nd August, 2019 | Zone Athletics Carnival |
| ◆ Monday 19th August, 2019 | Staff Development Day |

SCHOOL WEBSITE

<http://www.abermain-schools.nsw.edu.au>

SCHOOL FACEBOOK PAGE

Abermain Public School

*NOTES WILL NOT BE REPRINTED AT SCHOOL. COPIES OF NOTES
CAN BE OBTAINED ON OUR SCHOOL WEBSITE.*