



SAFE, RESPECTFUL LEARNERS



VISION STATEMENT

As a learning community we know, value and care for every child. We share responsibility to nurture, guide, inspire and challenge students. High quality teaching develops confident and creative individuals with the personal resources for future success and wellbeing.

2021 SWIMMING CARNIVAL RESULTS

2021 AGE CHAMPIONS

Junior Girls Champion:	Maddi B
Junior Boys Champion:	Isaac L & Hudson T
Senior Girls Champion:	Jorja P
Senior Boys Champion:	Angus S

2021 WINNING HOUSE

Edgeworth

Students had a great time at our Swimming Carnival this year. The main purpose of the carnival is to select swimmers who qualify for the next level, which is the PSSA Zone Carnival. This year Cessnock Pool did not allow any 25m events or novelty races, which certainly increased the challenge for our students. The weather was pleasant, and all students were safe and respectful throughout the day. Congratulations to everyone who took part in the races!

It was wonderful to be able to have family members there on the day to see their children compete in their races. Thank you families for your support on the day, and thank you also to the teachers and staff who helped with the running of the carnival, it couldn't happen without you all!

Once again, this year the Age Champions were not necessarily students who won all their races, but rather students who participated well across all the strokes and gained places. Medals will be presented at our annual Sports Assembly in Term 4, and place ribbons will be presented this week.



2021 SWIMMING CARNIVAL





Congratulations to all of our students who participated in the **Zone Swimming Carnival**.

Once again great sportsmanship was shown and all students performed well on the day.

Congratulations to our Year 5 and 6 boys who trialled for the **Cessnock Zone Soccer** team:
Charlie, Angus, Jett, Kallum, Levii, Koby, Mason D.

The behaviour and sportsmanship on the day was exemplary!

Congratulations to Kallum and Angus who made it into the Cessnock Zone Representative team.



Congratulations to Tynan Colless who successfully trialled for the **Cessnock Zone Rugby League** Team.

Good luck to Jorja. P for this Friday when she heads to Cessnock to trial for the **Cessnock Zone Girls Netball**.



YEAR 7, 2021 EXPRESSION OF INTEREST

On Wednesday 10th March, 2021 an Information Guide and Expression of Interest form will be sent home with all Year 6 students going into Year 7 in 2022

These forms are required to be returned no later than Friday 19th March, 2021.

TERM ONE - REPORTING CATCH UPS

An opportunity to attend a catch-up session with your child and their teacher

2021 will see us once again provide an opportunity to catch up each term with your child and their classroom teacher to discuss and share their learning. In the last two weeks of the Term staff will make themselves available to catch up with you and your child and provide you with a **“Progress Report / Learning Plan”** for Term One.

If you are unable to catch up personally this Term, the opportunity will again arise each Term and the “Progress Report / Learning Plan” will be sent home with your child at the end of the Term.

If you would like to participate in this opportunity please ring the school on 4930 4210 or message your teacher via Class Dojo to lock in a suitable time. Sessions will run for 10 minutes. Staff are also happy to lock in a phone conversation on that day if you cannot attend school. If you do wish to attend school for a catch up we will ask that you again follow all COVID safe guidelines in place:

- Sign-in using the QR Code on entering the school
- Complete an External Visitor to Site form
- Practise good hygiene when on school site.
- Stay at home if unwell

We have had an incredibly positive response to the Abermain way of sharing each child’s progress and their plans to further their achievement. The community have found this to be a parent-friendly document that provides a very clear understanding of how they can help their child with their learning goals.



PRINCIPAL'S REPORT

Congratulations to the Principal Award recipients this week! We are always thrilled to see so many students demonstrating their commitment to our **core values of safety, respect and learning**.

Congratulations also goes to our attendees at the recent Zone Soccer Trials. The school was contacted by a community member to acknowledge our students on their behaviour and representation at the event.

You will find information in this newsletter about our **2021 Progress Report and Learning Plans**. There is an opportunity each term to connect with your child and their teacher to unpack their learning goals.

2021 will see our school re-engage with "Tell Them For Me" surveying. The surveys will be available for students, staff and community throughout the year. More information will follow, as our Year 4/5/6 students engage with the survey. These students will bring home information in Week 10.

2021 NAPLAN Online will go ahead for our Year 3 and Year 5 students in Term 2, more information will follow.

2021 Check in Assessments (for Years 4/6) will also form a part of our assessment package this year. Our school opted into this process in 2020 and we found that they provided teaching staff with immediate feedback about student achievement. We will continue our involvement in this process throughout 2021.

2021-2024 School Improvement Plan is well underway with analysis of our current situation forming the foundation of the new plan. The local AECG will also provide feedback as we move to conclude the process towards the end of the term.

Our current Stage 1-3 **PBL focus** has been on " What does fair look like?". Please discuss with your children the activities they have been involved with as we aim to unpack this theme with them. Kindergarten continue to work to understand the expectations around our core value of safety.

We would like to wish **Mrs Wright all the best for her upcoming maternity leave**. Next week, she will be joined in class by Miss Risby who will team-teach with Mrs Wright for the week as part of our transition plan for the children in 1/2W. Mrs Wright's students and families have been informed.

We are looking forward to a wonderful few weeks as students work to achieve their current learning goals

Debbie Bower
Relieving Principal



PRINCIPAL AWARDS PRESENTATION

PRINCIPAL AWARDS (for receiving 5 Merit Cards) were awarded to:

Oliver T, Liam C, Ellie G, Olivia J, Ruby J, Kaiden E, Nate A, Nash F, Kobe K, Max J, Alyssa S, Isla B, Seth L, Ruby P, Blake J, Mason P, Hannah P, Kyson H, Kobie F, Darcy E, Myles W

SPECIAL PRINCIPAL AWARDS (for receiving 5 Principals Awards) were awarded to:

Lincoln B, Ruby T





STAGE ONE NEWS

Stage 1 have been learning about animals and their life cycle this term. We were lucky enough to have Henny Penny Hatchery bring 14 chicken eggs into the classroom so the children could watch them hatch and grow.

Many of the classes in the school were able to visit and hold the chicks which they all loved.

Some students from 1/2P wrote about what they thought of having the chicks in the classroom for the fortnight.

They were very adorable chicks but I am sad they had to leave. Kate

The chickens were cute and fluffy. They were playful. Myles W

The chickens were black and yellow and very cute and I liked watching them grow. Kunaal

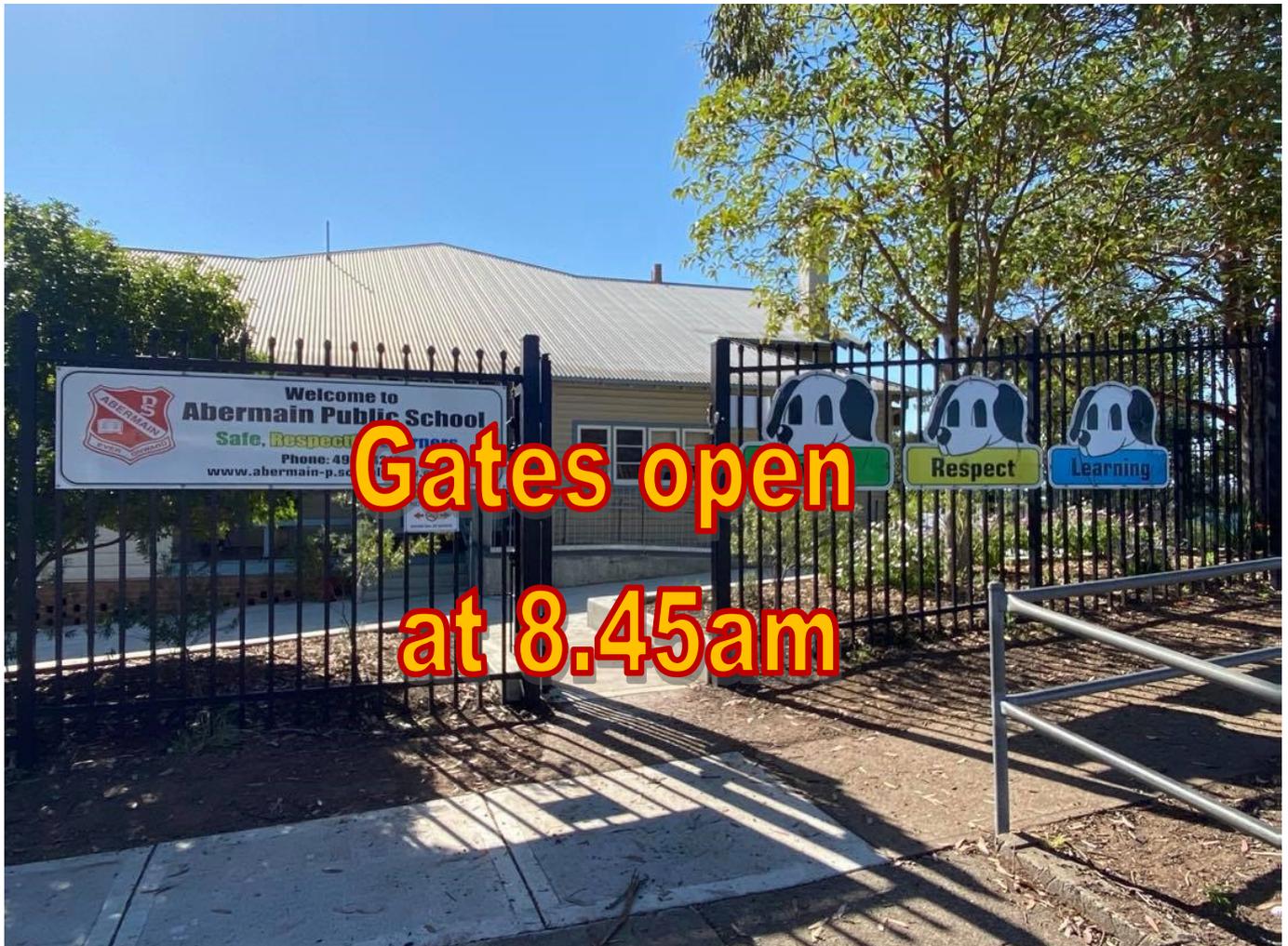
We watched them hatch. Ally

I like that we could cuddle the chicks. Violet

I loved when I got to take a chick home, watch them hatch and watch them play. Hudson

The chickens were playful and fluffy. Isla





TEACHER SUPERVISION DOES NOT START UNTIL 8.45AM AND THIS IS ALSO WHEN THE GATES OPEN. TO ENSURE YOUR CHILD'S SAFETY WHEN ARRIVING AT SCHOOL WE ASK THAT YOU PLEASE DO NOT DROP YOUR CHILDREN OFF AT SCHOOL UNTIL THE SCHOOL GATES ARE OPEN.



MEDICATIONS

If your child requires non-prescribed or intermittent medication administered at school, parents/carers must complete a medication form which can be obtained from the school office. This form requires specific details of medication and health management.

FOR THE SAFETY OF **ALL** CHILDREN MEDICATIONS MUST BE HANDED TO THE OFFICE BY PARENTS/CARERS. MEDICATIONS ARE **NOT** TO BE HANDED TO THE STUDENT TO BRING TO OR FROM SCHOOL.

Important information for parents and students

The Department recognises that family breakdowns take place. However, unless there is formal notice it is assumed that both parents have shared and equal parental responsibility for their children and both parents have been involved in decisions regarding their children's education. This also means the school recognises that each parent has equal duties, obligations, responsibilities and opportunities relating to matters involving the school.

If changes occur in your family relationship which might impact on the relationship between the school and your family, you should advise the school immediately. This includes providing copies of any relevant court orders.

EARLY LEAVERS

Parents/Carers are reminded to call the school office on 49 304210 if they want to sign their children out early before the end of the school day. Office staff will then contact the relevant class to request students to come up to the office. Parents/Carers are encouraged to advise their child's teacher or the office staff at the start of the school day if they require their child to be picked up at a particular time so that the student can be reminded to come up to the office at that time. **To avoid delays, parents/carers are asked not to come during lunch and recess as they will be asked to wait until students return to class.**

Please note: If you have organised for someone else (including Emergency Contacts) to pick up your child, please advise the school office prior.



STUDENT ABSENCES

SMS texts will be sent to parents/carers between 9.45am and 10.00am each day to inform that an absence has been recorded for their child. Parents/carers can explain absence either by replying to the SMS text, in person, by phone, school email or a letter to the class teacher. ALL absences must be explained within seven (7) days. If you are having attendance issues with your child, please contact the school so we can work together to improve their attendance at school.

NSW PUBLIC SCHOOL FINDER TOOL

Please find below a link where parents/carers can find information regarding their in-zone school.

<https://education.nsw.gov.au/school-finder>

EARLY STAGE 1 - Kindergarten

STAGE 1 - Years 1 and 2

STAGE 2 - Years 3 and 4

STAGE 3 - Years 5 and 6

SCHOOL WEBSITE

<http://www.abermain-schools.nsw.edu.au>

SCHOOL FACEBOOK PAGE

Abermain Public School

NOTES WILL NOT BE REPRINTED AT SCHOOL. COPIES OF NOTES CAN BE OBTAINED ON OUR SCHOOL WEBSITE.

**A REMINDER THAT
THERE IS TO BE NO
SMOKING WITHIN 30
METRES OF OUR
SCHOOL.**

**THIS INCLUDES
VAPING AND E
CIGARETTES**



PARKING REMINDER

Community members have asked us to remind our families of the need to respect their driveways and nature strips and not park there while picking up or dropping off their child/ren.

There is a real concern for the safety of the children.



BEFORE ENTERING OUR SCHOOL YOU ARE REQUIRED TO SCAN THE SERVICE NSW QR CODE AND COMPLETE AN EXTERNAL VISITOR TO SITE FORM.

THIS IS REQUIRED EACH AND EVERY TIME YOU ENTER THE SCHOOL.



LOWES

ZERO & REWARDS CARD HOLDERS

2 DAYS ONLY - 11TH & 12TH MARCH

20% OFF SCHOOLWEAR & EVERYTHING ELSE



Not the right size? - No worries!

See our exchange and return policy on our website.

SHOP IN-STORE OR ONLINE

On the days of the event, Lowes will have measures in place to restrict customer numbers and movement throughout the store.

Lowes will be enforcing social distancing with marshalls wearing hi-vis vests on site. We ask for your support in limiting the number of people you take with you into the store.

Thank you for your support.

DON'T HAVE A CARD? APPLY IN-STORE OR ONLINE & START ENJOYING THE BENEFITS. *T&C'S APPLY.

*Offer ends midnight (AEST) 12/03/2021. Must use Zero or Rewards card to receive discount. Excludes gift cards, all sale packages & schoolwear library's. Cannot be combined with any other offer or discount. Floor stock only. Styles and colours may vary from store to store. Please check carefully, exchanges and refunds only with dockets. Includes existing 5% discount.

PLEASE DO NOT SEND YOUR CHILD TO SCHOOL WITH GLASS DRINK BOTTLES





What happens if I lose or damage my OHFFSS Voucher?

Contact your local public dental service immediately so they can organise a replacement.

Will I have to pay anything?

There are no charges for the dental care that has been authorised by the public dental clinic as shown on the OHFFSS voucher.

What should I do if I cannot attend my appointment?

Ring the private practitioner so another appointment can be made.

If you have not rung the practitioner and do not attend your appointment this may result in a charge from the private practitioner payable by you.

What happens at the end of my dental care?

You will need to sign the OHFFSS voucher when all the treatment is completed.

What if I need to have additional dental care?

It is recommended that before proceeding you should contact the public dental call centre to discuss your options.

If you agree to have additional dental care offered by the private practitioner that is not covered by the value of the OHFFSS voucher, this will result in fees you have to pay.

Front page artwork by students & staff of the Wesley Art Program, Reiby Juvenile Justice Centre

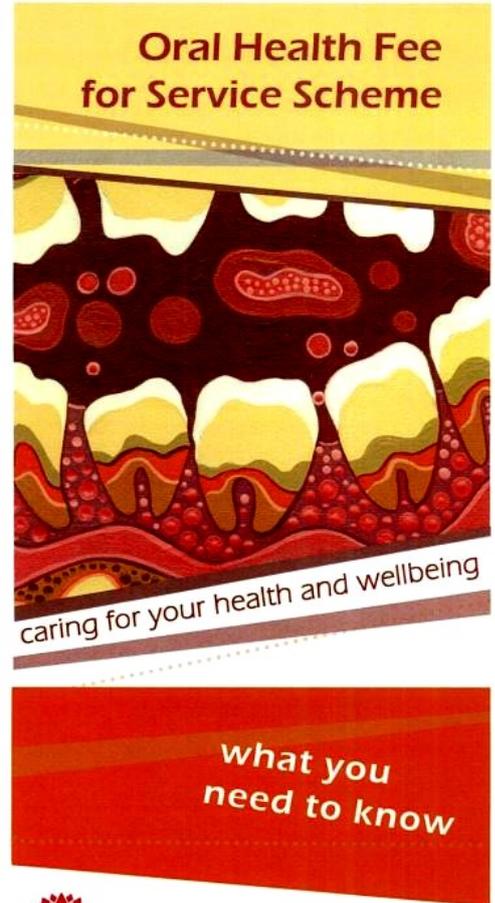
What should I do if I have concerns or require further information?

If you have concerns or require further information about your dental health, or are unhappy with the dental care you received, please contact your local public dental call centre during the day or contact the state-wide coordinator on 1800 938 133 (free call) or email: MOH-OralHealthStrategy@health.nsw.gov.au

Local Health District	Phone Number
Sydney	(02) 9293 3333
South Western Sydney	
South Eastern Sydney	1300 134 226
Illawarra Shoalhaven	1300 369 651
Northern NSW	1300 651 625
Mid North Coast	
Hunter New England	
Central Coast	1300 789 404
Northern Sydney	1300 732 503
Murrumbidgee	1800 450 046
Southern NSW	
Western Sydney	(02) 8890 6766
Nepean Blue Mountains	(02) 4734 2387 or 1300 769 221
Far West	1300 552 626
Western NSW	

Further copies can be downloaded from NSW Health website: www.health.nsw.gov.au/oralhealth
Hard copies available from the Better Health Centre Publications Warehouse (02) 9887 5450

SHPN (COHs) 140032 May 2019



caring for your health and wellbeing



How does the Oral Health Fee for Service Scheme work?

Eligible NSW residents may receive dental treatment either directly through the public dental service or be given an Oral Health Fee for Service Scheme (OHFFSS) voucher to receive treatment from a dental practitioner registered with the public dental service.

Who can get free dental care?

- All children under 18 years of age.
- Adults who hold any of the following Centrelink concession cards



- Anyone listed on your card is also eligible for free public oral health care.

All patients must be eligible for Medicare and should have a valid Medicare card. For Medicare information call 13 20 11.

Who provides me with a OHFFSS voucher?

You may be offered a OHFFSS voucher either from the Public Dental Service Call Centre or after seeing a public dental practitioner.

What dental care can I receive?

OHFFSS provides emergency and general dental care, or dentures, depending on your dental needs. The public dental service will write on the OHFFSS voucher what dental care you require and have agreed to.

Where can I take my OHFFSS voucher?

You can use the OHFFSS voucher at any private practitioner registered with the Public Dental Service.

A list of private practitioners will be given to you with your OHFFSS voucher. Alternatively, you can find a practitioner by accessing the OHFFSS website at: <https://ohffss.health.nsw.gov.au/>

How long do I have to use the OHFFSS voucher?

Your OHFFSS voucher has an expiry date. It is important that you make an appointment with a private practitioner from the list within 10 days of receiving your OHFFSS voucher.

clean well

What do I need to take to my appointment?

When you go to your appointment with the private practitioner take you:

- OHFFSS Voucher
- Photo Identification
- Current Medicare Card
- Current Concession Cards (adults only)

How do I make an appointment using the OHFFSS voucher?

(public dental staff please tick appropriate box and provide relevant information)

Ring a private practitioner from the list provided to you.

An appointment has been made for you with your chosen Practitioner from the list provided:

Practitioner: _____

Date: _____

Time: _____

Phone: _____

Address: _____

If I have to ring, what do I say?

Tell the private practitioner that you (or your child) have been referred by your local public dental service and need care under the Oral Health Fee for Service Scheme.



NSW Spectacles Program – Information Sheet

The NSW Spectacles Program funds free glasses and optical aids to financially disadvantaged residents of NSW. Funded by the NSW Department of Family and Community Services and administered by Vision Australia, the Program provides funding to participating optometrists and optical dispensers (providers) to supply optical aids to eligible applicants free of charge. The Program's aim is to improve vision and avoid preventable decline in eye health.

Who is eligible for this Program?

The Program is available to people who meet the following requirements:

Residency	Are an Australian resident living permanently in NSW
Assets	Have less than \$500 of total assets (if single) OR Have less than \$1,000 in total family assets (if partnered or a single parent) Household and motor vehicle are not included in these asset restrictions
Income	Receive a full (non-reduced) Commonwealth pension or income support payment <u>AND</u> receive no additional income (other than Centrelink payments) OR Are a low income earner with net income no greater than the full Newstart allowance (if under retirement age) or the full aged pension (if over retirement age)
Other schemes	Are ineligible to receive free optical appliances under any other program (e.g. Department of Veterans' Affairs)
Time period	Have not received spectacles or other optical appliances under the Program within the past two years.

Special conditions exist to provide for single parents receiving maintenance, residents of remote areas, or return applicants experiencing a significant change in vision within two years. Contact our office for more information.

What does the Program provide?

If you meet the Program's eligibility requirements, you are entitled, in any two-year period, to receive:

- One pair of single vision spectacles; or
- One pair of bifocal spectacles.

The Program may fund other items including contact lenses, tinted lenses or low vision aids, depending on individual clinical needs.



These items are provided free of charge to eligible applicants. When accessing this service, you can choose to pay an additional fee for items that the Program does not fund. Common items that attract a cost include:

- Multifocal or progressive lenses
- Transition or photochromatic coatings
- Non-standard frames

If you choose to pay a co-contribution toward items not available through the Program, you should enquire with your provider about the cost before your order is placed.

How to apply

As part of your application, you will need to provide:

- Personal details, including contact details and Medicare card number
- A Centrelink Income Statement that is no more than three months old, if receiving Centrelink payments;
OR
- A payslip and a bank statement that are no more than three months old, if a low income earner.

Centrelink Income Statements can be obtained by phoning or visiting a Centrelink branch, or logging on to Centrelink online.

Once you have obtained the relevant documents, you can lodge an application with a registered Program Provider. First, make an appointment with your chosen provider. When booking an appointment, check whether the provider will need to examine your eyes, or whether you should bring a prescription with you. You should also check whether or not any eye examination can be billed through Medicare. Prescriptions filled through the Program must be no more than three months old. Most providers participating in the Program are optometrists who can conduct your eye examination and provide you with a current prescription.

At your appointment, your provider will supply the terms and conditions for participating in the Program. This will explain privacy conditions for the protection of your personal information and any action Vision Australia or the NSW government may take to verify information provided in your application.

You will be asked to provide verbal consent to the terms and conditions, and a verbal declaration that the information you have provided is true and correct. The provider will enter your details into the NSW Spectacles Program online portal and lodge your application using the documentation you supply. Once your application has been approved, the Provider will order your spectacles or optical aids and let you know when they are ready to collect.

To find your nearest Program Provider, or if you have any queries, you can contact us by:

Phone: 1300 84 74 66 and ask for the Spectacles Program
E-mail: info@visionaustralia.org
Online: <http://www.visionaustralia.org/spectacles>



HUNTER KIDS ABERMAIN

Vacation Care Program April 2021

Service cost: \$60 (Child Care Subsidy will apply to all fees)

Excursions and Incursions (\$75/\$85 includes transport and entry fees)

Note: This is just a general guide. Activities are subject to change depending on numbers, weather, staff ratio, etc.

<u>Date</u>	<u>Activity Description</u>	<u>Cost</u>
Monday 5 th April, 2021	CLOSED PUBLIC HOLIDAY	N/A
Tuesday 6 th April 2021	The Great Big Science Show! Kaleidoscope Science incursions will be conducting a science show with interaction at Bonnells Bay Public School. 	\$85
Wednesday 7 th April, 2021	 Mad Hatter Tea Party Enjoy a creating a tea party with your peers, decorate a hat, spray your hair different colours, dress up in coloured clothes and be creative.	\$75
Thursday 8 th April, 2021	 Bricks 4 Kids Bricks for kids at Bonnells Bay Public School build a Superhero's Lego Incursion. Dress up as your favourite superhero.	\$75
Friday 9 th April, 2021	Environmental Day Be a planet warriors! Enjoy a day of planting seedlings and learning different ways to look after our environment. 	\$60



Monday 12TH April, 2021	Hunter Kids Oshc-lympics Children will test their skills as they manoeuvre through a series of obstacles and activities. Compete against your friends and try your best.		\$60
Tuesday 13TH April, 2021	Super Strike Bowling Enjoy 2 games of bowling with your peers at Rutherford		\$75
Wednesday 14TH April, 2020	PYJAMA, PIZZA & MOVIE DAY Come and join us for a relaxing day in your PJ's. Bring your favourite movie and join us in making luscious homemade pizzas.		\$60
Thursday 15th April, 2021	Hunter Valley Gardens Mega Creatures Visit the land of dinosaurs, dragons and creepy crawlies, including our giant T-Rex, Stegosaurus, Triceratops, Spinosaurus and more at the Hunter Valley Gardens transport and entry included.		\$85
Friday 16TH April, 2021	Barefoot Bowls Enjoy a fun day of lawn bowls at Abermain Bowling and Recreation Club. Challenge your peers and learn the fun of lawn bowls		\$75

**CONTACT OUR PROGRAM DIRECTOR ELAINE at
hunter20kids@gmail.com OR 0410647153**

Hunter Kids must have an enrolment form on file for each child to attend

Includes breakfast, lunch, and afternoon tea

Hours of operation

7.00am-6.00pm

Excursion days there will be strict drop off times.

Hat, Lunch box with snacks, drink and closed in shoes are required every day.



School Community Charter

Collaborative. Respectful. Communication.

The following School Community Charter outlines the responsibilities of parents, carers, educators and school staff in NSW public schools to ensure our learning environments are collaborative, supportive and cohesive.

What our schools provide

NSW public schools work to create positive environments for students, staff and the entire school community that support student learning. We strive to ensure that every student is known, valued and cared for.

The best education happens when parents and schools work together.

The School Community Charter aligns with the NSW Department of Education Strategic Plan 2018 - 2022.



Positive environments

It is important that our NSW public schools are positive environments and that parents and carers are kept informed of students' progress and school announcements.

Parents and carers can expect:

- to be welcomed into our schools to work in partnership to promote student learning.
- communication from school staff will be timely, polite and informative.
- professional relationships with school staff are based on transparency, honesty and mutual respect.
- to be treated fairly. Tolerance and understanding are promoted as we respect diversity.

We treat each other with respect

We prioritise the wellbeing of all students and staff

Unsafe behaviour is not acceptable in our schools

We work together with the school

Ensuring respectful learning environments for all members of NSW Public Schools communities.

© NSW Department of Education



We create collaborative learning environments

We all play a part

We work in partnership to promote student learning

Communicating with our schools

Our staff will find a time to talk to you when they can give you their full attention. Please remember that while our staff are in class or dealing with other matters, they may not be available to answer your questions immediately.

Our schools and communities will make sure that written communication is appropriate, fair and easy to read. We encourage you to use email and social media appropriately to connect with your school and stay up-to-date with up-coming events in the school community.

Our guide for parents, carers and students provides useful information about the complaints process: education.nsw.gov.au/about-us/rights-and-accountability/complaints-compliments-and-suggestions/guide-for-parents-carers-and-students

Respectful communication is a right

In all workplaces people have the right to feel respected. Unacceptable and offensive behaviour has no place in our school communities.

To ensure the wellbeing of students, staff and the community in our schools, steps will be taken to address unacceptable behaviour. This may include restricting contact with the school community or, in more serious cases, referral to NSW Police.

Unacceptable behaviour may include but is not limited to:

- Aggressive or intimidating actions, such as violence, threatening gestures or physical proximity.
- Aggressive or intimidating language, including the use of obscenities, making sexist, racist or derogatory comments or using a rude tone.
- Treating members of the school community differently due to aspects such as their religion or disability.
- Inappropriate and time wasting communication.

Collaborative. Respectful. Communication.

School Community Charter
education.nsw.gov.au

HUNTER KIDS ABERMAIN

Before and After School Care, Vacation Care

Session Times: Monday to Friday

Before School Care: 7.00am-8.45am

After School Care 3.15pm-6.00pm

A typical Before and After School Care Session:

- 7.00-8.45 Children Arrive, light breakfast offered
- 7.00-8.45 Children are offered a variety of activities from quiet reading, games, craft and puzzles depending on each child's preference. The morning session is to have the children ready for a full day of learning at school.
- 3.15-4.00 Roll call, afternoon tea and free play and homework
- 3.15-6.00 Programmed activities as per weekly program. Indoor and outdoor activities, art and craft, pack up and rest time

Hunter Kids is an approved provider for Child Care Subsidy. Permanent and casual bookings available. Enrolment forms are required to be completed for attendance.

Session Fees

Before School Care:

Permanent \$17.00

Casual \$19.00

After School Care:

Permanent \$24.00

Casual \$26.00

Please call our Director on 0410 647 153
Or email: hunter20kids@gmail.com

Nutrition Snippet

WHAT IS THE HEALTHY LUNCH BOX?



A one-stop-shop for everything you need to know about packing a healthy lunch box.

Here's what you'll find on the [website](https://www.healthylunchbox.com.au):

- [Interactive lunch box builder](#) that helps parents and kids plan and pack a healthy lunch with foods they like.
- Lots of quick and easy [recipes](#) and [snack ideas](#).
- Informative [blogs](#) about healthy eating for the family.
- [Sign up](#) to receive the Healthy Lunch Box e-newsletter for ideas, updates and recipes.

[healthylunchbox.com.au](https://www.healthylunchbox.com.au)

