

SAFE, RESPECTFUL
LEARNERS



PRINCIPAL'S NEWS

Welcome to all our students and families. The school is back in full operation with the children's voices echoing through the halls. It's great to be back in the swing of things again. This year we have 292 student enrolled in 12 classes.

Congratulations to all our Kindergarten students who have settled in beautifully. It is wonderful to see them joining in with all activities across the school.

A reminder to all parents/carers, if you have any concerns regarding your child/ children or events happening at school please contact the school or make an appointment to discuss the issue with staff.

On Monday 5th February, 2018 the first P&C meeting and AGM was held. Congratulations to the outgoing members for their efforts during 2017. I would like to welcome our new committee for 2018;

President: Deb Davis

Junior Vice President: Colin Warren

Treasurer: Katrine Reading

Fundraising Co-ordinator: Rachel Threadgate

Senior Vice President: Tracy Toner

Secretary: Cheryl-Ann Leggatt

Canteen Supervisor: Michelle Robards

The P&C is a great way to share your thoughts and ideas about the school. The next P&C meeting will be held on Monday 12th March at 5.00pm in the school library. All parents/carers are welcome and encouraged to attend.

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PRINCIPAL'S NEWS cont.

This year ANZAC day falls on the second Wednesday of the school holidays. Students will participate in class activities based on the ANZAC theme in the weeks leading up to the school holidays. We will not be holding an ANZAC service at school. I encourage parents/carers who wish their children to be part of an ANZAC service to march with the school at the local Abermain service or join the Cessnock Community of Great Public Schools (CCGPS) at the main Cessnock ANZAC service.

Cessnock Council has installed a new speed sign on Goulburn Street. This sign is to remind road users of the local **speed of 40 km/h during school times** and 50 km/h at other times. For the safety of our children I encourage all parent/carers and students to use the designated crossing when the flags are out at the front of the school. Meeting your child on the side closest to the school and crossing with them will assist in making our roads a safer place for all our students.

PBL contracts will not be handed out until later this term as they are in the process of being reviewed.

Thanks again to all members of the community who have made the commencement of the 2018 school year very successful and a smooth.

Ian Lamph
Principal

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LEARNERS



Positive Behaviours for Learning (PBL) update

It's a new year and the perfect time to refresh our routines and policies. After some thoughtful discussions with the community at our P&C meeting we are making some minor adjustments to our PBL Systems to ensure that they are reflective of what is happening within our school and classrooms.

The following adjustment has been suggested by staff, students and our community;

- *End of Term Rewards Days will be replaced with "Class Celebration sessions". These sessions will be designed by the class in conjunction with the collection of their positive rewards (Dojo points). The class will work together towards common goals and participate in Celebration Sessions that they have negotiated with their peers and teachers.* In this model student behaviour is encouraged through the establishment of a group reward. Teamwork and collaboration are the key to individual and group success.

We are also looking to revise our PAWS Contracts. We are seeking input from students, staff and community members around contract wording and will work to reset the 'high expectations' associated with earning a PAWS Badge. More information to come.



Moved address?
New email address?
Have a new mobile phone?



SWIMMING CARNIVAL

Wednesday 7th February, 2018 saw the annual swimming carnival take place at Cessnock Pool. The carnival was filled with impressive individual performances and high levels of encouragement from our house leaders. It was once again a successful day for the Abermain Public School community. The students in attendance can be proud of their participation and conduct.

Thank you to our wonderful helpers, without you the carnival would not have been able to go as smoothly as it did!

The Zone Swimming Carnival will take place on **Wednesday 21st February**, 2018. The students involved will be given a note early next week.

Well done to all involved!





SHERPA KIDS ABERMAIN

Before and After School Care

A 'typical' Before and After School Care session

7:00 – 8:45: Children arrive, light breakfast offered

7:15 – 8:15: Children are offered a variety of activities from quiet reading to games and puzzles depending on each child's preference. The main aim of the morning session is to have the children ready for a full day of learning at school

8:30 – 8:45: Start tidying up play area and organise children in readiness for transitioning to school playground

3:15 – 4:15: Roll call, afternoon tea and free play

4:15 – 4:45: Homework or quiet activity

4:45 – 5:45: Activities for the day (i.e. Art, Sport)

5:45 – 6:00: Tidy up, quiet time

Weekly Themes

Monday: Art & Crafts

Tuesday: Music and/or Drama

Wednesday: Sports

Thursday: Technology

Friday: Fun Activities

Our Session Times (Monday - Friday)

Before school: 7:00am – 8.45am

After School 3:15 -6:00pm



Session Fees for 2018

Before School Care

Permanent: \$17.00

Casual: \$19.00

After School Care

Permanent: \$24.00

Casual: \$26.00



Enrolment Forms Parents Handbook are available at the school's office.

Permanent = bookings that reoccur on the same day every week

Casual = On the day or short term bookings

Sherpa kids is an approved service for Child Care Benefit and Child Care Rebate.

We are more than willing to discuss this with you and assist where necessary in confidence.

Please call our Director on 0410647153
or email: hunter@sherpa-kids.com.au

REACH ENGAGE CHALLENGE

www.sherpa-kids.com.au



STORIES

Thursday afternoons

At 2:30

Starting on the 1st February 2018

STORIES is a weekly story-time for families hosted by Abermain Public School in conjunction with Koe-Nara.

Parents are invited to bring their children (birth to school-age) to enjoy stories and rhymes each **Thursday** afternoon from 2:30 to 3:00.

Children will develop important skills to support later-learning at school and have lots of fun along the way.



A TERTIUM SCHOLARUM
COMMUNITY GROUP PRESENTS

**In the grounds
of Abermain
Public School**

Please contact
Abermain Public
School on
49304210 to
register your
interest.



Get ready for a Super Savers adventure with School Banking.

This year in School Banking, your child will join the Dollarmites on a Super Savers adventure, developing strong savings skills.

School Banking encourages children to learn the value of saving and rewards those who demonstrate a regular savings behaviour.

New Super Savers reward items.

Introducing an exciting new range of reward items with two released every term.
Available in Term 1:

- Twister Power Handball
- Secret Scratch Notepad.

Your child can redeem one of these rewards, while stocks last, after making 10 School Banking deposits.



Remember, with the CommBank Youth app, it's easy for your child to monitor the Dollarmites tokens they earn when making School Banking deposits and track their savings. Available to download from the App Store on any iOS9+ device.



A chance to win a family trip to Hawaii.



Students who truly are Super Savers will have the chance to win a family trip to Honolulu, Hawaii, staying 7 nights at the Sheraton Waikiki Resort, plus AU\$2,000 spending money.

To enter, students simply make 15 or more School Banking deposits before the end of Term 3 2018, and they will automatically enter the Super Savers Grand Prize Competition.

To find out more about School Banking, or explore fun activity sheets for your child, visit commbank.com.au/schoolbanking

Things you should know: The "Super Savers Grand Prize Competition" (Promotion) is conducted by the Commonwealth Bank of Australia (ABN 40 123 123 124) of Level 30, 11 Harbour Street, Sydney NSW 2000. The Promotion starts at 12pm AEST on 20/01/18 and closes at 11:59pm AEST on 28/03/18. Entry is open to Australian residents aged 4-13 years only who have made 15 separate School Banking deposits into their CommBank "Youth" or "Student" account during the Promotion period. Eligible entrants will be automatically entered into the draw. Maximum 1 entry per person. The first eligible entry randomly drawn will win a trip to Honolulu, Hawaii, USA for two adults and up to three children aged 17 years and under, including 7 nights accommodation and \$2,000 AUD spending money, valued at \$17,666 AUD. Terms and conditions apply. The draw will take place at 12pm AEST on 10/04/18 at the address above. The winner will be notified by telephone and email, and will be published online at commbank.com.au/schoolbanking and in The Australian on 17/04/18. Winner must claim the prize by 5pm AEST on 18/05/18 or the prize will be void. The prize will be awarded to the winner's nominated parent or guardian. Conditions apply to accepting the prize. Full terms and conditions available from commbank.com.au/schoolbanking. Authorised under NBN Permit No. CPG1710318, ACT Permit No. ACT TP 1701000 and SA Permit No. 1710107.

PARENT PICK UP POINT

A reminder to all parents/carers to wait on the DOTS area to pick their children up from the "Parent Pick Up Point" at the end of the school day. We ask parents/carers to please not wait outside classrooms and to only come through the front office entry if you are signing your child out early.

BOOKCLUB ORDERS DUE BACK BY
WEDNESDAY 21ST FEBRUARY, 2018



THE MUSIC BUS

The Music Bus are taking new student enrolments for Term 1. The program is open for all students from K to 6. Running weekdays at School. The Music Bus have limited availability in Singing, Keyboard, Guitar, Drum and Ukulele and so it is advised to enrol asap.

The Music Bus is a wonderful music program that many of our students are already enjoying – a brilliant and cost-effective way for students to get fun and specialist music lessons without parents having to travel all over the area after school. Cost of lessons is only \$16 per week (Drums \$18).

If you're interested in your child having music lessons through The Music Bus, check out their website at www.themusicbus.com.au or call 1300 168 742

Get on and Rock! At Your School!



The Music Bus brings music education and fun to your school.

About The Music Bus

The Music Bus visits over 250 schools a week, bringing music into the lives of over 4,000 students across Australia.

The Music Bus is the classroom (the bus!), teacher, instruments and curriculum all in one complete package – and it's at your school.

Made up of weekly half hour lessons, The Music Bus is fun, engaging and will inspire your child each and every week.

our programs

The Music Bus offers modern and rock-style courses, using well-known songs to engage students at all ability levels. High quality instruments are provided and our experienced teachers use extensive backing tracks, developing confidence, rhythm and teamwork.



Cost: Cost \$16 per weekly 30 min lesson (Drums \$18)

*Lessons paid by the term on commencement

why we're different

- 1. We come to your school:** We offer all students, regardless of background or prior experience, specialist instrument lessons right on school grounds. That means less travel time for busy families.
- 2. We're affordable:** Our lessons are around half the price of private tuition. We also supply all the instruments during class, taking the burden off having to buy one right away.
- 3. Learning is fun:** The customised curriculum is set in a fun environment, focusing on music reading, playing, arranging and performing to help build skills and self-esteem - with lots of fun competitions and awards throughout the term.
- 4. Glowing reviews:** The award winning Music Bus program has received positive feedback from the Dept of Ed and NSW Creative Arts Department – not to mention from countless parents and Principals in your community.

Purchasing an instrument for your child

While The Music Bus provides all instruments on the bus, we do recommend having an instrument at home for practice if possible. Having an instrument at home is the best way to help your child master their musical skills. For your convenience, we have now partnered with Musos Corner, one of Australia's most trusted and experienced music retailers for over 50 years. Together, we have chosen an entire range of instruments that we believe are the best choice for our students. Simply visit: www.themusicbus.com.au/musoscorner

what others are saying

"The teacher is a highly motivated and extremely professional." Principal, QLD

"My son comes home enthusiastic about learning and practising his instruments." Naomi, Parent, NSW

"It's so great being at school. They are learning something new each week and the rapport the teacher has with the kids is wonderful." Sarah, Parent, NSW

*All testimonials have been genuinely sourced from parents and school Principals regarding The Music Bus, however, some names may be changed for privacy reasons.



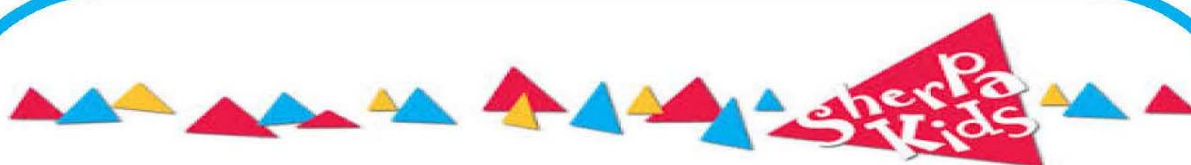
If you like what you hear and would like to book lessons for your child contact us today.

BOOK NOW – Phone 1300 168 742
or visit www.themusicbus.com.au

Not at your school yet? No problem – get in touch regardless and we can help get you started!

Note: Music Bus lessons are also available at Vacation Care, OOSH, and Home School.

BOOK NOW!



SHERPA KIDS @ ABERMAIN PUBLIC SCHOOL

Before and After School Care

SESSION TIMES (MONDAY – FRIDAY):

- Before School: 7:00-8:45am
- After School: 3:15-6:00pm

Enrolment forms/Parents handbook
are available at the school's office.

SESSION FEES FOR 2018:

Before School Care:
Permanent - \$17 Casual - \$19

After School Care:
Permanent - \$24 Casual - \$26

Sherpa kids is an approved service for Child Care Benefit and
Child Care Rebate.

**Please call our Director Elaine on 0410647153
or email: hunter@sherpa-kids.com.au**

<https://www.education.gov.au/ChildCarePackage>.

GET ACTIVE KIDS PROGRAM

The NSW Government is helping kids get active with the new Active Kids program.

From 31st January 2018, parents, guardians and carers can apply for a \$100 voucher per calendar year for each student enrolled in school.

The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

The voucher can be used at any time during the calendar year it was issued.

To use the voucher, give your voucher details to an approved Active Kids Provider.

The program runs year-round, so kids can get active at any time!

To apply for a Voucher, please visit <https://sport.nsw.gov.au/sectordevelopment/activekids>



Cessnock, Schools as Community Centre TERM 1, 2018



PLAYWORKS - Mondays

Koe-Nara, 10 am to 12

LET'S PLAY - Tuesdays

Koe-Nara, 10 am to 12



PLAYWORKS - Thursdays

Cessnock East Public School, from
9am to 11am

Stories at Abermain Public

Thursdays from 2.30 to 3



Grandparents Playgroup

Feb 23, March 9, March 23 & April 6

At Koe-nara from 9:30 to 11

Limited places, bookings essential

Playgroup operates in school term only

All groups are free

Free morning tea for the children,
tea & coffee for grown ups

Please make sure your child is wearing clothes that can
get messy

Bring a hat and a change of clothes and nappies if your
child needs them

For more information:



4990 9354 or
0428 263 854



Koe-Nara, Cessnock
Schools as Community
Centre



KORREIL WONNAI AECG DATES / VENUES 2018

ABOUT THE AECG:

- The AECG gives Aboriginal people a voice at a Local level & takes their views State wide. The strength of the AECG depends on the participation of all concerned i.e.; Education Department, Schools, Teachers, Parents, Students, Aboriginal Organisations & the wider community. We want to empower our communities to become involved in all levels of Education & will contribute to improving all outcomes for everyone.
- The AECG is an Aboriginal community based organization made up of **volunteer** members who are involved in Junior, Local, Regional & State AECG's throughout NSW. The AECG is recognized as the principle source of advice on behalf of Aboriginal communities on issues relating to Education.

All meetings are 3.30 for a 4pm starting time.

Term 1 2018: 26 Feb (Week 5) @ Pelaw Main PS

Term 2 2018: 14 May (Week 3) @ Kearsley PS +
: 4 June (Week 6) @ Weston PS

Term 3 2018: 20 Aug (Week 5) @ Cessnock West PS

***KULLABURRA Awards 29th August @ Saint Philip's CC**

Term 4 2018: 29 Oct (Week 3) + AGM @ Mount View HS +
: 26 Nov (Week 7) @ Kurri Kurri HS

Korreil Wonnai (Cessnock) AECG Executive:

<u>President:</u> Sonia Sharpe	0488 472 600	aecgpresident@gmail.com
<u>Vice President:</u> Marissa Floyd	0413 376 043	aecgvicepresident@gmail.com
<u>Secretary:</u> Stephanie Earl	0410 303 538	s.earl@bigpond.net.au
<u>Treasurer:</u> Shannon Ping	0421 213 769	shannon.ping@det.nsw.edu.au





ADMINISTRATION OF MEDICATION AT SCHOOL

In general, schools do not administer medication to any student which has not been specifically requested by a medical practitioner for a specific condition. When a student requires prescribed medication to be administered during the school day, parents/carers are responsible for:

- * Completing a “Request for Support at School of a Student’s Health Condition” form for daily medication, or an “Intermittent or Emergency Medication” form. Both these forms are available from the school office and must be returned to the school office prior to commencement of medication administration.
- * Ensuring information is updated if it changes
- * Supplying the medication for administration in a timely way and in its original container or Webster pack with the students prescribed dose attached.

Please note: For the safety of all students, medication must be supplied to the school office in person by a responsible adult. Students are not to carry medications to or from the school.

In some cases medical practitioners may request students to take “over the counter” medication that does not require a prescription. NSW Health advises that this does not mean

UNIFORM COLOURS FOR NOTES



PERMISSION NOTES TO BE RETURNED



INFORMATION FOR PARENTS/CARERS



MEDICAL/HEADLICE ALERTS



P&C



SCHOOL CANTEEN



ADVERTISING

Good for Kids good for life

DINNER IDEAS FOR SUMMER

Summer is a great time to introduce more salad vegetables into your diet. There are heaps of variations for each of the ideas below:

- Plain beef, chicken, fish or vegetable burgers with loads of salad
- Tacos or burritos with lettuce, tomato, corn, beans, carrot and more
- Kebabs with a combination of meat and vegies such as mushrooms, capsicum and onion
- Pizzas topped with lots of vegies and a side salad
- Salads, salads and more salads and they don't have to be just a garden salad.

Try roast pumpkin, cherry tomato, avocado, cucumber and grilled chicken with a honey mustard dressing.



Good for Kids good for life

EDIBLE GARDENS

Vegetable and herb gardens are a fantastic way to get the kids interested in vegetables. And even better, they help you to save money on the groceries. Here are some tips to get you started:

- Choose a sunny spot in your garden close to a water source
- To save time purchase a raised garden bed from your local hardware store or to save money simply build your own with treated pine.
- Do a little bit of research as to what vegetables are in season to get the best results
- To save money on fertilisers you can make your own compost from vegetable scraps in the kitchen
- Get the kids involved and have fun!



Good for Kids good for life

ACTIVE TRAVEL IN EVERYDAY LIFE

Active travel to school is a great way to get extra activity in your child's day but sometimes it isn't safe to do so. Luckily active travel can be added into everyday life to get your heart working!

- Check your local area for designated bike paths and ride your bikes to the shops
- Try parking at a greater distance from your location and walking the rest of the way.
- If you use public transport, get off one station before your destination and walk.
- Even making little changes in everyday life such as taking the stairs instead of the elevator can make a big difference.



Good for Kids good for life

SUGARY DRINKS

The *NSW Healthy School Canteen Strategy* was introduced in 2017. As part of the strategy, sugary drinks are not to be sold in the canteen.

Sugary drinks include: regular soft drinks, flavoured mineral waters, flavoured waters, sports waters, sports drinks, fruit drinks, coconut waters, cordials, slushies and frozen fruit drinks with less than 99% fruit juice. All energy drinks are also included.

Our canteen stocks refreshing everyday drinks for the students and includes water, plain and/or flavoured milk and 99% fruit juice.

Why not try cutting back on sugary drinks at home too?





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GENERAL

- * Wednesday 14th February, 2018 - Zone Swimming Carnival
- * Wednesday 21st February, 2018 - Book Club orders to be returned
- * Monday 26th February, 2018 - Whole School Assembly, 2.30pm
- * Monday 5th March, 2018 - Kindergarten students now finishing at 3.15pm
- * Monday 12th March, 2018 - School Photos
P&C Meeting, 5.00pm

WHOLE SCHOOL ASSEMBLY
MONDAY 26th FEBRUARY, 2018
WHERE; SCHOOL HALL
TIME; 2.30PM

SCHOOL APP

To download the school app visit the
Apple App store or Google Play store
And search for
Abermain Public School.

Log in using Username: community
Password: abermainps

SCHOOL WEBSITE

<http://www.abermain-chools.nsw.edu.au>

SCHOOL FACEBOOK PAGE

Abermain Public School

COPIES OF NOTES CAN BE OBTAINED ON BOTH OUR SCHOOL APP AND OUR SCHOOL WEBSITE.