

SAFE, RESPECTFUL
LEARNERS



PRINCIPAL'S NEWS

Disney "Mulan Jr." the Musical

Congratulations to the successful cast and crew of "Mulan".

Last night the "Mulan" performance was a real show piece for our school. The 270 strong audience were treated to a display of student talent that has not been seen before at Abermain Public School.

"Mulan" has been a long time in the planning and to see it all come together on the night was amazing. Thank you to all the students, parents/carers and staff that have worked behind the scenes to make this night happen.

Special thanks are extended to Mrs Roberson (Director), Mr Power (lights/sound), Miss Trotter (Choreographer) and to our wonderful sewing team - Helen Andrews, Elizabeth Morgan, Belinda Allaway, Chrissey Chapman, Jennifer Burford, Beverly Barnett, Kerry Hodges and Anthony Sheen.

This has been such a wonderful experience for all the children involved in the musical. They will remember this experience for many years to come.

NAPLAN Online Trial

Next week our students in Years 3 & 5 will participate in an online trial of the new NAPLAN system. The purpose of the trial is to determine if the school has the computer technology and a computer system to support all the students doing the trial at the same time.

There will be no results given from this trial, it is purely to see if the NSW state system can support the online process for the future. If you have any questions please contact the school.

School Evaluation Review 2015-2017

Thank you to the parents/carers who have joined the evaluation team. We met this week for the first time to review the school's progress over the past three years. It is always interesting looking back at the achievements that the school has witnessed during this time.

continued on next page



PRINCIPAL'S NEWS cont

Canberra Excursion

Safe travels to our staff and students heading to Canberra next week. The Australian Capital city is a wonderful learning experience for people of all ages and the students will have many stories to talk about when they return.

SPORT NEWS

Regional PSSA Athletics Carnival

The best of luck to our school representatives at the Regional PSSA Athletics Carnival to be held at the Glendale Sports Centre this Friday 1st September, 2017. We know all these students will do their very best.

Mitchell B - 10 year boys 100m, Junior boys long jump, Junior boys relay

Jak W - 12 year boys 100m

Miah G - 11 year girls 100m & 200m

Jazlyn L - 11 year girls long jump

Jayden B - Junior boys relay

Jaylen B - Junior boys relay

Rory T - Junior boys relay

A very big thank you to Jacarna who has been coming along to school and passing on her knowledge and expertise with training our athletes over the past few weeks.

SCHOOL APP

To download the school app visit the Apple App store or Google Play store and search for Abermain Public School.

**Log in using - Username: community
Password: abermainps**

SCHOOL WEBSITE

<http://www.abermain-chools.nsw.edu.au/>

SCHOOL FACEBOOK PAGE

Abermain Public School

COPIES OF NOTES CAN BE OBTAINED ON BOTH OUR SCHOOL APP AND OUR SCHOOL WEBSITE.



BOOKWEEK

Thank you to everyone who helped make Abermain Public School's Book Week activities a success.

The Book Character Parade was amazing with such a rang of costumes. Well done!

A big thank you to Cheryl-Ann Leggett, without whom the Book Fair would not have run so efficiently and successfully.





KH NEWS

KH have been busy looking at lots of the different dinosaurs that once roamed the Earth.

They carefully extracted chocolate chips out of cookies as though they were dealing with priceless dinosaur fossils! They made imprints in clay and looked at sources from the past and saw just how big dinosaurs were! Of course learning about prehistoric times also meant that they had to investigate volcanoes! You should have seen our model volcano erupt with 'lava'.

Imagine seeing a dinosaur today! What would it be doing? What would you say?

Oh no! There is a dinosaur driving a car down the road.

Holy Moly! Get out of my way dinosaur.

Oh no! A dinosaur took my spot!

Hey! I was watching the TV.

I started to shiver!

Look! There is a dinosaur on the lounge.

There was a dinosaur in my lunchbox.

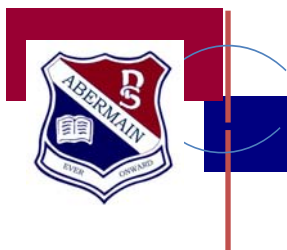
We even had a special visit from a good dinosaur too!





THE MULAN CAST





KULLABURRA AWARDS

Congratulations to the following students who received Kullaburra Awards at Kurri Kurri High School last Wednesday.

Alice L - 100% Attendance award

Kaitlin P -100% Attendance Award

Jorja L - Leadership award

Justin H - All rounder Award



SCHOOL MONEY COLLECTIONS

Payments for excursions, sport etc can be made by cash, cheque or online through Parent Online Payments (POP) which is accessed through our school website. Eftpos is not available.

Cash or cheque payments made at school should be given to the class teacher by the student. Alternatively, parents/carers can now place payments in a “Payment Box” located at the front office. Payments will be processed throughout the day and receipts sent home with students. Please note all cash/cheque payments sent to school must be sealed in an envelope clearly marked with the child’s name, amount enclosed and purpose of the payment. It is also recommended to enclose permission notes with the payment. Please note change is not always available at the office



ISSUE 6

**ORDERS TO BE RETURNED
BY THURSDAY, 7TH SEPTEMBER,
2017.**



FATHER'S DAY CELEBRATIONS





ADVERTISING

The Music BUS Free Trial Lesson



For a limited time, we're offering new students a free trial lesson – just to give it a go*.

Tuition in Keyboard, Ukulele, Singing, Drums, Guitar and Rock Band.

Only \$16 per week (Drums \$18)



BOOK
YOUR CHILD'S
FREE TRIAL
LESSON
NOW!

phone 1300 168 742
Limited space available.

www.themusicbus.com.au

*Offer available until end of term. To new students only. 1 free trial per student.

Dont know where to start with your fitness journey?

WE CAN HELP YOU!

We offer a wide range of services to get you on started with your health and fitness goals. Services are listed below;

- *One on One Training Sessions
- *Pregnancy Training and Programs
- * Small Group Training
- *Boxing Classes
- *Educational Seminars
- *Fitness Challenges



ashleighnewburn's
PERSONAL TRAINING

We are located in ABERMAIN

For all enquires please contact;
Ashleigh Cumins
0432761678
ashleigh.newburn@hotmail.com

Aboriginal Chronic Disease Clinic

Would you or any family members like to receive a **FREE** Health Screening Check?

Are you interested in finding out about Diabetes, Heart Disease or other chronic conditions?

Staff from the Aboriginal Chronic Care team and Dietitians from Kurri Kurri community health are providing a free clinic to all Aboriginal community members over the age of 15.

Come along, enjoy some healthy snacks and have a yarn about your health!

Where: Kurri Kurri Community Health Centre
Lang Street, Kurri Kurri (beside the hospital)

When: Tuesday - 5th September 2017
Time: 9am – 12.30pm

Appointments: Drop in



For further information please contact:

Donna Clucas – on mobile: 0418 664 081



Health
Hunter New England
Local Health District



ALL ENQUIRIES 49304010
Cnr Melbourne and Bathurst St
ABERMAIN

www.tillyschildcare.com.au

Providing high quality care and education
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Natural playgrounds with vegetable gardens, worm farms and chickens



Transition to school program including Jolly Phonics



GymbaROO

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for and Exclusive to Tillys





ADVERTISING

An Edgley & Weber Presentation

THE GREAT MOSCOW CIRCUS PRESENTS EXTREME

All new international show returning to Australia

MAITLAND SHOWGROUNDS - BLOOMFIELD ST 14 - 24 SEPTEMBER

The legendary Great Moscow Circus **EXTREME** is here! With an all new Extreme show. Featuring Australia's top trial riders, "The FLAIR RIDERS". Extreme Wheel of death, High wire and the world's best dare devil motorcycle Cage Riders. Breathtaking aerial performers and much more. See a Circus at it's best not to be missed

WED	THUR 14	FRI 15	SAT 16	SUN 17
No Show	7:00pm	7:00 pm	3:00 pm 7:00 pm	11:00 am 4:00 pm
WED 20	THUR 21	FRI 22	SAT 23	SUN 24
7:00pm	7:00pm	7:00 pm	3:00 pm 7:00 pm	11:00 am

SEAT PRICES	RED	YELLOW	BLUE	GREEN
ADULT	\$50	\$45	\$40	\$30
**STUDENT/CONCESSIONS	\$45	\$40	\$35	\$25
*CHILD	\$40	\$35	\$30	\$20
FAMILY PASS \$130 'BLUE SECTION' ONLY (2 Adults + 2 Child) No extra discounts				
*All Children 3 - 14 to be accompanied by an Adult or Student				
**ID REQUIRED FOR CONCESSIONS. BOOKING FEES APPLY				
NO CHANGES OR REFUNDS ONCE TICKETS ARE ALLOCATED				
CASH SALES & EFTPOS ONLY - NO CHEQUES				
LIMITED DOOR SALES 1 HOUR PRIOR TO SHOW TIME SUBJECT TO AVAILABILITY				
OFFICE HOURS: TUE - SUN 10AM - 5PM (CLOSED MONDAYS)				
BOOKINGS RECOMMENDED				
0497 MOSCOW 0497 667269				
www.thegreatmoscowcircus.com.au				



Nutrition Snippet

The simplest way

...to food shop on a budget.

Here are our five top tips to save money while shopping for your fruit and vegetables.

1. Create a weekly menu plan (you can download a menu planner from eatittobeatit.com.au).
2. Write a shopping list based on the menu plan.
3. Compare prices using 'unit pricing' (per kilo/100grams) if available.
4. Buy fruit and vegetables that are in season, or pick the canned/frozen option if cheaper.
5. Limit your purchases of processed pre-prepared snacks and meals.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

...to create a tasty snack with hummus.

Serves: 6 | Preparation: 5 mins

Ingredients

1 x 420g can chickpeas,
rinsed and drained
1 clove garlic, crushed
½ teaspoon ground cumin
1 tablespoon lemon juice
1 tablespoon tahini
1 tablespoon olive oil
2 tablespoons water, optional
Vegetable sticks, to serve.



Method

1. Place chickpeas in a food processor with garlic, cumin, lemon juice, tahini and oil.
2. Blend to a smooth purée. Add a little water if it needs thinning.
3. Serve with vegetable sticks or cut some whole grain pita bread into triangles and bake in the oven until crisp.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit





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EARLY STAGE 1

- * Monday 11th September, 2017 - Oakvale Farm excursion
(notes sent home 22/8/2017 - to be returned by 6/9/2017)

STAGE 1

- * Tuesday 12th September, 2017 - Yamuloong Bush Tucker Tour
(notes sent home 25/8/2017 - to be returned by 7/9/2017)

STAGE 3

- * Tuesday 5th September to Friday 8th September, 2017 - Canberra excursion

GENERAL

- * Thursday 7th September, 2017 - Book Club Issue 6 due back
- * Monday 18th September, 2017 - Whole School Assembly - 2.30pm
- * Monday 23rd October, 2017 - AECG Meeting, 3.30pm Mount View High School