



## SAFE RESPECTFUL LEARNERS

### DATES FOR YOUR CALENDAR

#### 17th March

School Assembly

#### 21st March

Author Visit -(John Larkin)

#### 24th March

Cookie Dough Collection

#### 27th March

"Ship of Fools" free show

#### 10th April

Zone Cross Country  
1st Instalment Due -  
Wangat Lodge - Yrs 5/6

#### 11th April

Easter Parade  
Last day of Term 1  
P&C Disco  
- Abermain Bowling Club

#### 28th April

Staff Development Day

#### 29th April

Term 2 - Students return to  
school

#### 8th May

2nd Instalment Due -  
Wangat Lodge - Yrs 5/6

## EASTER EGG COLLECTION & HAT PARADE



Starting on Monday 17th March the annual collection of Easter eggs will begin. Eggs, baskets and Easter related items will be collected by the student leaders daily. Points will be allocated to classes for the amount of eggs provided. The class with the most points will receive a special class prize.

Our annual Easter Hat Parade and monster egg raffle will take place on Friday 11<sup>th</sup> April. Parents are more than welcome to come for a BBQ lunch, and then be entertained by the parade. The day ends with our massive raffle – which in the past has had upwards of 60 prizes.

Raffle tickets will be sent home with note takers in Week 8, though if more are required they will be available from the office.

*Miss Craig*

*Student Leader Co-Ordinator*

## This issue:

**Lightfoot Camp  
(Wangat Lodge)**

**Zone Swimming**

**Mixed League Tag**

**Cross Country Fun Run**

**Cookie Dough Orders -  
Collection Date**



# STOP WALK TALK

Our students are to be congratulated on their ability to use Stop, Walk, Talk strategies in our playground.

Keep up the great work!

## ZONE SWIMMING

Fifteen students were lucky enough to make it through to the zone swimming carnival, which was held on 28<sup>th</sup> February. The weather on the day was terrible, but the students competed well and displayed good sportsmanship. Unfortunately no students made it to regional, though our students competed well and performed to the best of their ability with many recording faster times than at our school carnival. Congratulations to Tiffani Musgrave who came 1st in the Zone for Senior Girls Breaststroke.

A massive thank you to Mrs Hodges for stepping in and supporting the students at the zone carnival.

*Miss Craig*  
Teacher Librarian

## MIXED LEAGUE TAG DAY

Unfortunately the Mixed League Tag Day was unable to go ahead due to the recent wet weather. The rainy weather has led to a difficult start to the school sporting season with many sporting grounds unavailable for use. We are hopeful that a mixed tag event will be held at the school in the near future.

*Mr Power*  
Teacher

## CROSS COUNTRY - FUN RUN

The annual Cross Country Fun Run was held at the school on Friday 14th March, 2014. All students are to be congratulated for their outstanding behaviour and sportsmanship during this event. A huge thank you to our Sports Leaders and School Leaders for their help in setting up. Students who have made it through to zone will be notified within the next week.

If students have completed collecting their Fun Run money, they can return money and sponsor form to their class teachers any time from now until the 27th March. I would like to get the order away on the 28th so that students will get their prizes before the holidays

*Mrs Taylor*  
Teacher



*Safe, Respectful Learners*

# CONGRATULATIONS

## Quality Work Shared with the Principal

<i>Shaylie Colless</i>	<i>Ivy Taylor</i>	<i>Zealan Love</i>
<i>Samantha Appleyard</i>	<i>Krystal Dent</i>	<i>Bailey Rumney</i>
<i>Jonathan Scott</i>	<i>Taylah Russell</i>	<i>Felicity Hodgins</i>
<i>Siara Nash</i>	<i>Emma Davies</i>	<i>Sean Templeton</i>
<i>Adam Gilbert</i>	<i>Matthew Brown</i>	<i>Nakeshia Innes</i>
<i>Tahlee Roderick</i>	<i>Aiden Spence</i>	<i>Ivy Bowtell</i>
<i>Emily-Cate Allaway</i>	<i>Hayley Soper</i>	<i>Lucas Whyburn</i>
<i>Heath Southeron</i>	<i>Cody Lewis</i>	<i>Will Stothard</i>
<i>Ryen Smurthwaite</i>	<i>Byron Whyburn</i>	<i>Eliza Lantry</i>
<i>Cooper O'Dwyer</i>	<i>Brendan Burley</i>	<i>Felicity Elliott</i>
<i>Cameron Bate</i>	<i>Saxon Ross</i>	<i>Aron Janek</i>
<i>Madison Hall</i>	<i>Justin Hasler</i>	<i>Libbia Lorrie</i>
<i>Charlize Roderick</i>	<i>Claire Chedzey</i>	<i>Kalob Hasler</i>
<i>Jasmine Weissenborn</i>	<i>Lara Robertson</i>	<i>Belle Brand</i>
<i>Blake Smurthwaite</i>		

## PRINCIPAL'S REPORT

The school is undertaking an assessment of all trees in our playground. This will be undertaken by a qualified arborist and recommendations for trimming and/or tree removal will be followed up. All public schools in NSW are undertaking tree assessments following the tragic incident where a student was killed by a falling branch at a Sydney school.

A free show will be visiting our school on the 27<sup>th</sup> March. The show is titled “**Ship of Fools**” and focuses on not wasting water.

Abermain Public will soon have an extra staff member appointed as an Instructional Leader specialising in Literacy and Numeracy at the Kindergarten to Year 2 level. This is an exciting development for the school and our students education. The position will last until the end of 2016. The position has been funded under the Early Action for Success strategy.

Congratulations to everyone involved in the School Cross Country (especially Mrs Taylor for her organising of the event). It certainly was the most successful Cross Country that we have run in recent years.

*Mr Boughton*  
*Principal*

## SCHOOL WEBSITE

Each week, our school website is updated with the weekly newsletter, permission notes, information notes, and class arrangement notices. There is a link to our newsletter on the front page of the website.

The website address is [www.abermain-p.school.det.nsw.edu.au](http://www.abermain-p.school.det.nsw.edu.au).

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## 5-6P ARTWORK

Our class have been reading 'Home' by Narelle Oliver. We particularly enjoyed the illustrations in this book and were excited to try to recreate a landscape drawing of a scene from the text. Our artworks are images of the city from the perspective of the falcon, swooping towards the bridge in search of prey.

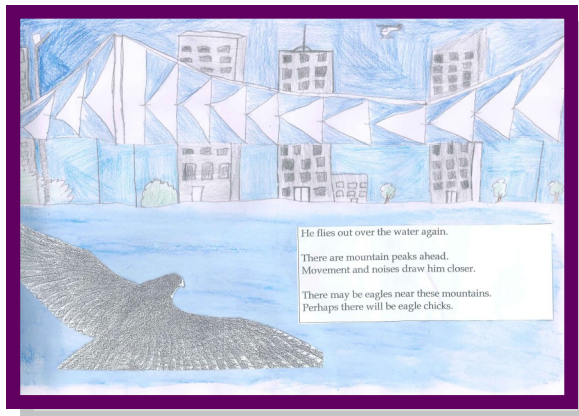
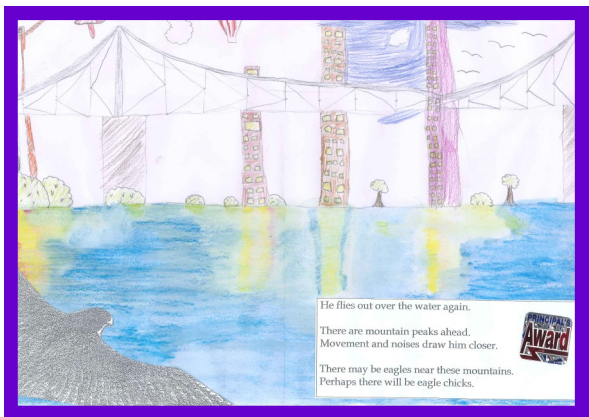
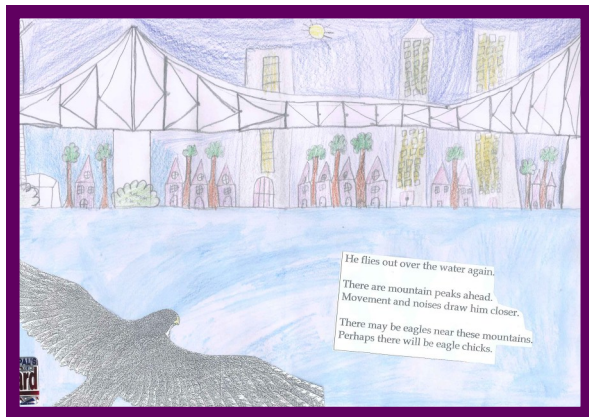
Mr Power  
Teacher

CANTEEN

**OPEN**  
**Monday**  
**to**  
**Friday**

**UNIFORM**  
**SHOP**

**OPEN**  
**MONDAY**  
**& FRIDAY**  
**9am-9:30am**



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## LIBRARY NEWS

March has seen the start of the Premiers Reading Challenge (PRC) for students at Abermain. The challenge encourages students to read 30 books between March and the end of August.

All students in the infants' school have been registered, and most books will be shared during library time or in class. Students in years 3 to 6 have the option to join the challenge and I am pleased to say many have accepted the challenge.

Books within our collection which are PRC books are labelled with stickers to identify their level. Orange dots are books for to be read in K-2 section, 3-4 books have blue dots and red dots are 5-6.

Students are able to register their details on the Premiers Reading Challenge website and older students have a reading log to record results. I will show students how to register their books in the coming weeks.

I encourage all parents to read with their children and encourage participation in the challenge. Having a love of reading opens up many possibilities for children to become lifelong learners and engaged and active members of the community.

Happy reading.

*Miss Craig*  
*Teacher Librarian*

## COMPUTER NEWS

All students at Abermain Public School need to log on with their own unique username and password. The Kinder, year 1, year 2, year 3 and year 4 grades will be receiving a note with their username, password and a keyboard on it so that they can practice these details at home so that we can get more work done during class time.

*Mrs Hill*  
*Teacher*

### Breakfast provides brain food

Eating breakfast each morning improves children's learning, concentration, behaviour, overall nutrient intake, and establishes healthy eating patterns for life.


Some quick breakfast options include:

- wholegrain cereals and reduced-fat milk
- baked beans on wholegrain toast and a glass of reduced-fat milk
- fruit smoothie and toast
- toast topped with cheese and sliced tomatoes
- egg on toast with a glass of reduced-fat milk
- wholemeal or wholegrain toast or fresh bread, with margarine spread plus a topping, such as tomato, reduced-fat cheese or baked beans
- reduced-fat yoghurt, fruit and raisin bread
- fruit salad and yoghurt.

Serve breakfast with a glass of water or milk to get children hydrated.

## COOKIE DOUGH ORDERS

**Cookie Dough Orders will be available for collection at the school hall between 2pm and 3pm on Monday 24 March, 2014.**



### *Canteen Help Form*

*(Please cut out and return as soon as possible)*

*I would be willing to help in the canteen:*

*One day a week*

*One day per fortnight*

*One day per month*

*My preferred day is: (PLEASE CIRCLE)*

MON    TUES    WED    THURS    FRI

NAME: \_\_\_\_\_

*(Please print)*





# NATIONAL SIGN ON DAY

AT

MAITLAND TENAMBIT BMX CLUB

ON

SATURDAY, 22 MAR

VISIT [BMXAUSTRALIA.COM.AU](http://BMXAUSTRALIA.COM.AU)  
FOR MORE INFORMATION

**Where:** Beryl Humble Sporting Complex, Metford Rd, Tenambit

**Time:** 9am till 12 midday

**What to Bring:** A bike, preferably wear long pants & long sleeve shirt, sturdy enclosed shoes, a helmet and a drink.

**Contact:** [maitlandbmx@hotmail.com](mailto:maitlandbmx@hotmail.com)

The first 25 children to register at the track will receive a show bag.



Nutrition Snippet

## The simplest way to make shopping fun

Grocery shopping is an important time for kids to learn about storage, selection and preparation of fruit and veg.

Try these games next shopping trip to challenge your kids' fruit & veg knowledge:



1. **Play fruit & veg 'I spy'** - name a colour and get your kids to find all the fruit and veg they can in that colour.
2. **Fruit or veg of the week** - let your kids select a new fruit or veg to try for that week. Brainstorm together what meals you could create with this new ingredient.
3. **If you're stuck for variety** - set your kids a challenge to pick a furry fruit, an odd coloured veggie or a veggie that grows in the ground.

Try different ways of approaching fruit and veg: you'll be surprised at the difference it makes to your child's eating habits.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)





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