



10th October, 2014

## SAFE RESPECTFUL LEARNERS

### DATES FOR YOUR CALENDAR

#### 10th October

Clever Kids - Kinder 2015

#### 13th October

Whole School Assembly  
P&C Meeting

#### 15th October

Cricket Milo T20 Blast Cup

#### 16th October

Aboriginal Education Meeting  
- Abermain Bowling Club 6pm

#### 17th October

Clever Kids - Kinder 2015  
"Pete The Sheep" - Kinder to  
Year 2 students

#### 21st October

"Wizard of Oz" performance

#### 24th October

Clever Kids - Kinder 2015

#### 30th October

Oakvale Farm - K-1S &amp; KP

#### 31st October

Kinder 2015 Orientation

#### 7th November

Kinder 2015 Orientation

#### 14th November

Kinder 2015 Orientation

#### 21st November

Kinder 2015 Orientation

#### 24th November

Year 6 Farewell

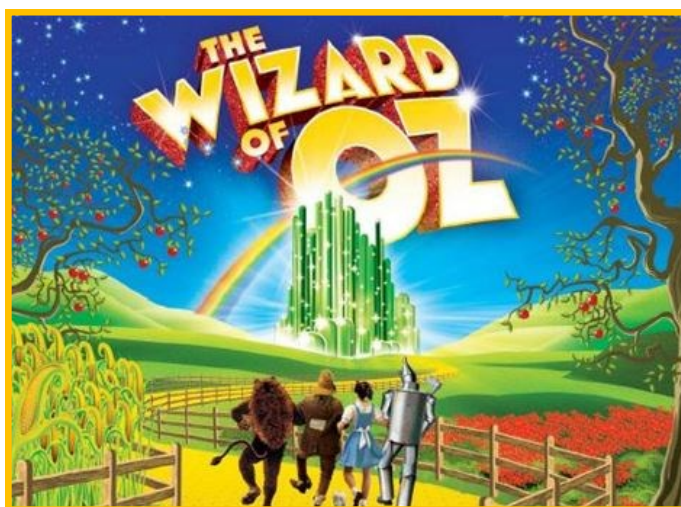
#### 26th November

Presentation Day

#### 27th November

Year 6 Breakfast/Fun Day

## Musical Performance



Year 3-5 students have been offered the opportunity to attend the special performance "The Wizard of Oz" at the Hunter School of Performing Arts in Broadmeadow on Tuesday 21st October, 2014.

Permission notes have been sent home with students this week. Numbers are limited and filling up fast. Seats will be available to the first 58 students who return their permission note and money to the school office.

## This issue:

Wangat Lodge

Aboriginal  
Education Meeting

Pete The Sheep

Cricket - Milo T20

Blast Cup

Mrs Roberson  
Teacher



## Quality Work Shared with the Principal

*Max Cumpson*

### PRINCIPAL'S REPORT

There is great excitement in the school with the installation of our new playground equipment almost complete. As soon as the border and soft fall have been installed it will be available for students to use. Congratulations to the P&C for making this happen and thanks to Mrs Gibbs for co-ordinating the installation during the holidays. The equipment is suitable for students from Kinder to Year 6. Students will receive instruction from teachers in how to use the equipment and it will also be used in PE lessons and fitness circuit activities.

Student Leaders have been invited to represent our school at the opening of the Aboriginal Outdoor Learning Area and Fire Pit at Cessnock High School on the 20<sup>th</sup> October.

The school is currently in the process of developing a management plan for the next three years. Thank you to all the families who completed the Tell Them From Me Parent Survey. The results from this survey plus surveys of students and teachers, will help inform school planning.

Information relating to selective high school placements will be distributed next week to parents of Year 5 students. Please note this does not refer to our local high schools but rather the selective schools such as Merewether High in Newcastle.

*Mr Boughton*  
*Principal*

### Tricks for encouraging kids to read

Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they've enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school. School A to Z has lots of tips and ideas on encouraging your child to read, at <http://bit.ly/HLPmB9>

### How much water does your child really need?

Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don't feel thirsty until they are already dehydrated, so packing a drink bottle with your child's school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar. To find out the recommended daily intake of water for your child's age at <http://bit.ly/ZjwUjo>

Safe

Respectful

Learners

*Safe, Respectful Learners*

**UNIFORM  
SHOP**

**OPEN  
MONDAY  
& FRIDAY  
9am-9:30am**

**CANTEEN**

**OPEN  
Monday  
to  
Friday**

## **ABORIGINAL EDUCATION**

The next meeting to discuss Aboriginal Education will be held at Abermain Bowling Club on Thursday 16th October starting at 6pm. We would like to welcome all to attend this meeting.

*Mrs Jarlett  
Teacher*

## **PETE THE SHEEP**

Students in classes KP, K-1S, 1-2K, 1-2E and 1-2H have been offered the opportunity to attend the "Pete the Sheep" performance at Cessnock Performing Arts Centre on Friday 17th October, 2014. Permission notes for this performance were sent home with students this week.

## **CRICKET - MILO T20 BLAST SCHOOL CUP**

Students in Years 3-6 (boys in years 3-4 and both boys and girls in years 5-6) have been invited to the Cricket Milo T20 Blast Cup at Baddeley Park, Cessnock on Wednesday 15th October, 2014. Permission notes were sent home with students this week and need to be returned to Mr Power as soon as possible. Student names will be drawn at random if necessary.

## **Team Sports – more than health benefits**

As well as helping kids stay fit and healthy, team sports help them learn that things don't go their way all the time and that they need to respect their peers. Sports also help children and teens with resilience, how to respond to setbacks and loads more benefits discussed here: <http://bit.ly/HlgxVO>

## **Private Tutoring**

Are you thinking about a private tutor to compliment your child's education? School A to Z explores questions about what to look for in a tutor, what you would want your child to achieve and tips on what to ask a potential tutor. <http://bit.ly/K5aczo>



### **PBL PAWS BADGES**

Congratulations to the following students who will be receiving their PAWS Badges:

***Adam Gilbert, Caiden Fenwick, Alex Peachman, Layla Goodchild, Cooper O'Dwyer, Rai Berry, Cameron Bate, Amarli Wanasinghagee, Tyler Bate, Justin Hasler, Charlize Roderick, Kaitlyn Mitchell, Damon Besoff, Samuel Chedzey***

*Safe, Respectful Learners*

## WANGAT LODGE



*"As the last tree has fallen and the last river has been poisoned, that's when we will realise what we have done to our country and our world."*

Eain Harris

*"In Term 3, Stage 3 students went to Wangat Lodge. It was a long 2 hour bus trip and when we got there we unpacked the bus and ate lunch. That afternoon we met our group leader, Ken, and we went on a 4.5km bush walk, it was very tiring but we saw some beautiful flora and fauna. After we got back from our walk, we went to our rooms, had dinner and went on an awesome night walk where we got to listen to the loud croaking sound of frogs."*



*The next day we woke very early and enjoyed a healthy breakfast, made by our favourite chef, David. We took a walk to an Aboriginal meeting place and enjoyed some activities like mining with group leader Ken. After lunch, we got some magnifying glasses and used them to have a close up view of insects, moss, snake skin and other forest things. We then got to enjoy a swim in the freezing cold river, whereby only a few students were game enough to take on the ice cold water. Later that night after dinner, we went in search of frogs. Some students caught frogs, put them in a bucket so all students could see, then returned them to their natural habitat. On the last day, we planted a few plants and made some mud bricks which most of the buildings at the lodge were made out of. After lunch, we packed our bags and got on the bus for the trip back to school."*

*On behalf of Stage 3, we would like to thank Mr Power, Mrs Roberson, Mrs McGee and Ms Crossley for their efforts and organisation of such a great trip.*

Tiffani Musgrave and Tom Reading

## PLASTIC BOTTLE LIDS

I am still collecting bottle tops, so please keep them coming in. In coming weeks you should see some of these being put to use within the school environment as beautifully coloured artworks.

Miss Craig  
Teacher Librarian



# LIBRARY NEWS



## BIRTHDAY BOOKCLUB

### OCTOBER

Amarli  
Wanasinghagee  
Byron Whyburn  
Joseph Reading  
Jazlyn Leigh  
Joel Roddenby  
Emma Corcoran

## LIBRARY

Welcome back to Term 4.

This year students entered the Premier's Reading Challenge (PRC) for the first time at Abermain. The PRC ended in September, and I am pleased with the amount of students who successfully completed the challenge.

All of the infants students read books together in class and during library time to complete their challenge requirements of 30 books. Some eager students from Year 1 and 2 completed the challenge through their regular borrowing from the library's extensive collection of PRC books. Well done to those students!

A number of students from our primary classes also read independently to complete the challenge at their level, which required them to read 20 books.

All students who completed their challenge will be presented with a PRC reading certificate later in the year. Hopefully next year will see even more students completed the challenge.

This term students from K-2 will be doing library lessons with an environmental focus. We will be establishing some recycling practices at the school which are currently not in place and will be aiming to beautify our school environment. Keep a look out in the coming weeks.

Miss Craig  
Teacher Librarian



### Stage 3 Reading + University = Career Choices

The University of Newcastle's Aim High Team is in our school running the *Careers Through Reading* program. University students will lead small reading group sessions and start conversations about lifelong learning and post-school education opportunities. The program is being used to strengthen the existing literacy block already provided in the school.

During the five visits students will continue to learn to

- Interact confidently with their peers
- Speak confidently in group discussions
- To listen strategically
- To read with comprehension



The cross-curricular activity-based model for *Careers Through Reading* aims to strengthen the students' love of reading whilst linking the importance of reading for positive educational outcomes.

*Safe, Respectful Learners*

## KINDERGARTEN ENROLMENTS

We are now taking registrations for Kindergarten students who will start school in 2015.

Any families who have a child starting Kindergarten in 2015 are asked to contact the school office on 4930 4210, or come to the office during school hours to register their child for Kindergarten 2015 and complete an enrolment form.

Kindergarten Orientation will commence on Friday 31st October. A letter with details regarding Kindergarten Orientation has been sent home to all registered families.

Parents will need to ensure they have returned the enrolment form and their child's birth certificate, immunisation certificate and proof of address before Kindergarten Orientation.

## "CLEVER KIDS" PROGRAM

Abermain Public School is highly committed to ensuring that all children are given the support they need to start school in the best way possible. As such, we will be offering an extended transition program, Clever Kids, for all children starting school next year. This program is available to all children enrolled to start in 2015. *If you have a child and you are undecided as yet as to whether they should start next year, they are also very welcome and staff will support you in making this decision.*

The sessions will be around school readiness with language as a focus to give your child a great head start before school. Sessions will run each Friday Afternoon from 1pm – 3pm until orientation commences on Friday 31st October, with opportunities for children to experience some fun classroom activities as well as meeting with their buddies and having time in the playground. Parents are asked to stay, get involved with the activities and get to know each other.

To register your child in this program, please contact the school on 4930 4210 or email your details to [abermain-p.school@det.nsw.edu.au](mailto:abermain-p.school@det.nsw.edu.au)

The next P&C meeting will be held on **Monday 13th October, 2014** starting at 5pm. A new School Uniform design for Abermain Public School will be on display and open for discussion during this meeting. Please feel welcome to attend.

# Healthy Dads, Healthy Kids





Designed by the Port-Land Australia

In partnership with our community






**ARE YOU A DAD? ARE YOUR KIDS IN PRIMARY SCHOOL?**

**DO YOU WANT TO SPEND FUN, ACTIVE TIME WITH YOUR KIDS?**

Join the **FREE** Healthy Dads, Healthy Kids program!

- International award winning healthy lifestyle program
- 9 x 90 minute weekly group sessions delivered by trained facilitators
- Dads and kids spend quality time together to get fit and healthy
- Fun rough and tumble games and sports
- Secrets to getting kids physically active and reducing kids screen time
- Develops kids sports skills
- Improves families' eating habits, fitness, weight and quality of life
- Improves kids social and emotional well being



**COMING TO CESSNOCK IN TERM 4!**

*"I cannot recommend this program enough."*

*"Healthy Dads, Healthy Kids made me a better father."*

*"The four of my kids and I had smiles and sore abs. The abs were from laughing so much!"*

DADS, GRANDPAS OR ANY MALE ROLE MODEL OF PRIMARY SCHOOL KIDS  
REGISTER NOW

Starting **TUESDAY 14th Oct 2014** until **TUESDAY 9th December**. Time: 5:30pm

Cessnock Public School. Rawson St, Cessnock

Sign up for the program at [www.healthydadshealthykids.com.au](http://www.healthydadshealthykids.com.au)  
or call the University of Newcastle team on 02 4921 6884



**QUALITY TIME TOGETHER**



**IMPROVE SPORTS SKILLS**



**FUN ROUGH & TUMBLE PLAY TO DEVELOP FAMILY FITNESS**



**SAFE, RESPECTFUL LEARNERS**