

Newsletter—Abermain Public School



Len Boughton
Principal



TERM 3, WEEK 8 – 2nd September, 2011

Industrial Action

Industrial action by teachers is planned in NSW for 8th September. This will involve a one day strike by teachers. **Please note that there will be minimal supervision for students at school on Thursday.**

Scooters and Bikes at School

All riders of bicycles must wear a helmet displaying a sticker saying the helmet has been approved by Standards Australia. Any person riding a scooter is also strongly advised to wear a helmet.

Students bringing bikes or scooters to school are required to leave them in the designated bike racks. Bikes and scooters are not to be ridden in the school grounds. Any student unable to comply with these expectations will have to leave their bike or scooter at home.



Dads' Breakfast

Our Fathers Day Breakfast was again a great success. Special thanks to the staff who were at school very early to get the barbeque underway.

Healthy Dads, Healthy Kids

This project will be running in our area in Term 4.

Please contact the school or Joel Cruickshank (49216884) for more details.

The Healthy Dads Healthy Kids (HDHK) project is based on research that shows the eating habits and physical activity patterns of fathers and father-figures influence the ways in which the whole family approach their health. The primary aim of HDHK is to help men reduce their weight by providing fathers with information about healthy

eating and active lifestyles for themselves and their children and involving the whole family in nutrition and physical activity education. Through fun and engaging activities the HDHK program shows men how they can be a 'healthy dad' and have a positive impact on the health of their children.

What are the benefits for fathers and children?

- Fathers will learn how to achieve or maintain a healthy weight by being involved in an enjoyable and award winning program.
- Fathers will spend quality time and have great fun with their children.
- Fathers will be setting their children up for a healthy life by learning about the latest information .

Clayton Barr's Visit



Our local State Member of Parliament, Mr Clayton Barr, visited Abermain last Wednesday and spent an hour discussing local issues with a group of interested Stage 3 students. The main topic for the students was the safety of the pedestrian crossing near Orange and Charles Streets.

Curriculum Changes delayed in NSW

The implementation of national curriculum changes in English, maths, science and history for K-10 students will be delayed for NSW schools.

The NSW education minister, Adrian Piccoli said more time was needed to ensure high standards were maintained.

Abermain will begin the planning phase for the new national curriculum by 2013, with the curriculum moving to the classroom teaching phase from 2014.

Free app for homework and study

Do you struggle to understand your child's homework? Does your child need to practice their spelling and times tables? Are you looking for inspiration for projects and assignments? The free School A to Z app is an essential tool for every parent of school-aged children.

Containing a range of fun applications including English, Maths, a spelling bee, times tables, technology A-Z and assignment starters, it's great for parents *and* students. Download it for free at: www.schoolatoz.nsw.edu.au/about/mobile-applications.

State Athletics Championship

Congratulations to **Zoe Ford** and **Liam King** who have both qualified to represent the Hunter Region at the upcoming State Athletics Championships to be held in Sydney on the 19th and 20th October.

Zoe will be competing in the 12 years girls 100m, Senior Girls 800m and Long Jump. Liam will be competing in the Senior Boys Discus event.

Abermain School wishes them the best of luck.

Well done to the other students from our school who competed at the Regional carnival on the 2nd September. **Gemma Passfield, Sean Smyth** and our Junior Boys relay team of **Sean Smyth, Joseph Pryor, Wayne Harris** and **Bailey Vanlaarhoven**.

Tabloid Sports Day / Display of Canvases

A reminder that the Tabloid Sports Day will be held on Tuesday 13th September starting at 12.00 pm and conclude by home time. Students are reminded that money for this event is due (\$4).

Parents are invited to come along and watch their child participate or they can volunteer to assist at one of the event stations. Weather permitting, the students should have a lot of fun having a go at the different physical activities.

Canvases will be on display from 11.00 am and payment for these is now due (\$10 each).

Other Sporting events for this term:

- Cottee's Schools 5-a-side Gala Day - Friday 16th September for students from Year 3 & 4. Mrs Dybell organising.
- Touch Gala Day—Monday 19th September for students from Year 5 & 6. Mrs Hodges organising.

Notes will be given to those participating.

PBL LUCKY DRAW **Canteen Voucher Winners**

Term 3 Week 6

Infants

Charli Henshaw

Primary

Zac Humphreys

Term 3 Week 7

Infants

Cherokee Bajada

Primary

Mikayla Haynes

Quality Work shared with Principal

Olivia Reading

Corey Wilson

Thomas Robinson

Tarnaëa Rowland

Grace Bennett

Bannica Martin

Kaitlyn Mitchell

Emma Davies

Jeremy Hancock

Dustin Barnett

Sharra Gibson

Lee Henry Austin

Byron Whyburn

Delani Leigh

Courtney Mitchell

Andrew Passfield

Luke Watts

Samuel Fullerton

Taylah Russell

Jessica Connell

Paige Harris

Adam Gilbert

Abermain OOSH

Quality Out of School Hours Approved Child Care

Permanent or Casual Bookings

Fun Activities—Healthy Snacks Provided

To enrol or book your place please contact:

0417437869 or 0405165086

Uniform Shop

Open every THURSDAY morning

9.00 am—9.30 am