



Abermain Public School

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23 Jul 2025

2025 ZONE ATHLETICS CARNIVAL

Date: Thursday, 7 August 2025
Venue: Maitland Regional Athletics Centre
Time: 8:30am to 2:30pm approx.
Cost: \$7.50

Your child has qualified to compete at the Zone Athletics Carnival. The event/s in which your child has qualified to compete in has been highlighted in the Athletics Carnival Program being sent home with your child.

- Students are asked to wear full sports uniform, and bring a school hat, drinks, and lunch/recess (there will be no canteen available on the day).
- Students may travel to and from the carnival by private transport or free bus (leaving from Turner Park). Please refer to the Information Note attached for further details about transport and organisation on the day of the carnival.

Please complete the attached Cessnock PSSA Medical Information Sheet / Players/Spectators Code and return both forms, together with your child's permission note and payment (if not completed on the Parent Portal) to the school office by Wednesday, 30th July, 2025.

Accident insurance information: In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

Concussion management: When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher. Any student that experiences a suspected concussion during a school endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required. If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

Principal:: Debbie Bower

Teacher in Charge of Activity: Carolyn McGee

2025 ZONE ATHLETICS CARNIVAL

Student: _____ Roll Class: _____

My child be attending the Zone Athletics Carnival on Thursday, 7 August 2025: [] YES [] NO

My child will travel to and from the carnival by [] bus [] private transport

PAYMENT: \$7.50 [] cash [] paid via Parent Portal

Parent/Carer Name: Emergency contact number on day of carnival:

Parent/Carer Signature: Date:/...../.....

2025 ZONE ATHLETICS CARNIVAL

Information Note

- The carnival will start promptly at 8:30am and conclude by 2:30pm.
- First track event will start at 8:30am. First field event will start at 9:30am. Please note that these times are approximate and Cessnock Zone PSSA reserves the right to alter these times on the day of the carnival. A copy of the Cessnock Zone PSSA – Athletics Program is attached.
- A free bus has been organised for students to attend the carnival. Buses will leave from Turner Park. The bus will then travel to Maitland Regional Athletics Centre. In the afternoon buses will leave the carnival and drop off to Turner Park. Parents/Carers will be required to supervise their child at the pick-up point, and meet their child in the afternoon for drop off. Times are to be confirmed. Please note, buses will not arrive in time for the 8:30am events.
- Parking is available but limited. If you will be transporting your child, please allow additional travel time to the venue as you will be travelling in peak times and school zones.
- Each school will have a designated area in the grandstand to sit and support the carnival. Please look for the Abermain Public School name.
- Please note that there will be **no canteen** available on the day of the carnival.
- Medals will be handed out on the day of the carnival for the student who comes first in the final of their event. Place ribbons will also be handed to 1st, 2nd and 3rd place in the finals only.
- Cost per student is \$7.50 – this is payable to Abermain Public School prior to the carnival. This fee includes hiring of the venue, medals, ribbons, first aid officer.
- All students must wear footwear for all events. Spikes are optional in sprints and long jump only.
- Students will be given a name tag to wear at the carnival. They will receive this when they register with the Team Manager.
- Track events and field events will be running side by side on the day. If a student is at the field event, and a track event is called, they will go to the track event and then return back to the field event to compete.
- Parents and families are welcome to attend and support their child, however will not be allowed at any time to be on the track or coach from the sidelines.

CESSNOCK PSSA

Medical Information Sheet



For the safety of your child, the HUNTER PSSA considers it important that you please complete the following medical information sheet and return to the school office, along with any other signed permission notes and payment required to attend the carnival.

STUDENT NAME: _____

SCHOOL: _____

SPORT TEACHER ATTENDING THE CARNIVAL: _____

Any relevant information such as current medication, allergies, reactions etc. should be supplied.

PARENT CONTACT NUMBER: _____

EMERGENCY CONTACT NUMBER: _____

In the event of accident or illness I authorise any necessary medical assistance as my son / daughter / ward may require. I also authorise the administering of anesthetic if the Medical Officer attending deems this necessary.

PARENT NAME: _____

PARENT SIGNATURE: _____ DATE: _____

Cessnock Zone PSSA Players' Code



I _____ (student name) of _____ Public School promise to:-

- Follow, respect and adhere to the health and safety guidelines that align with the current COVID-19 guidelines set forth by the Department of Education and Training, Cessnock Zone PSSA, Venue guidelines and NSW Health.
- Play for the fun of it.
- Play by the rules and always abide by the decisions of officials.
- Control your temper. Make no criticism either by word or gesture. Deliberately distracting or provoking an opponent is not acceptable or permitted in any sport.
- Work equally hard for yourself and your team. Your team's performance will benefit and so will your own.
- Be willing to train and prepare for the game or competition. Preparation helps prevent injury and increases the level of enjoyment.
- Play only when you are fully fit. To play with an injury will handicap your team, and may expose you to the risk of further and more serious injury.
- Be a good sport. Applaud the good play of your team mates and that of your opponents.
- At all times cooperate with your coach, team mates and opponents, for without them you do not have a competition.
- Remember the goals of the game are to have fun and improve your skills. Be modest in success and generous in defeat.

Student Signature: _____

Date: _____

Cessnock Zone PSSA Spectators' Code



I _____ (parent name) of _____ Public School promise to:-

- Follow, respect and adhere to the health and safety guidelines that align with the current COVID-19 guidelines set forth by the Department of Education and Training, Cessnock Zone PSSA, Venue guidelines and NSW Health.
- Encourage the children to always play by the rules.
- If children are interested in sport, encourage them to participate. Refrain from forcing an unwilling child to participate.
- Remember that children participate in organised school sports for their enjoyment and fulfilment, not yours.
- Teach children that honest effort is as important as winning so that the result of each game is accepted without undue disappointment.
- Encourage children to work towards skill improvement. Never ridicule a child for making a mistake or losing a competition.
- Always encourage the principle of good sportsmanship.
- Children learn best by example. Applaud good play by all individuals and all teams.
- Do not publicly question the officials' judgement and never their honesty.
- Appreciate the contribution and commitment of teachers in coaching positions. They give their time and resources to provide sporting activities for the children and deserve your support.
- Have realistic expectations for the children and their team. Do not expect more than they can give.
- Support all efforts to remove verbal and physical abuse from sporting activities. Condemn the use of violence in any form.

Parent Signature: _____

Date: _____

School Name: _____ **Sport Coordinator Signature:** _____