



Abermain Public School

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18 Feb 2025

Dear Parents/Carers

"Healthy Harold" will be visiting our school on the following days; **Wednesday 26th February, 2025, Tuesday 27th February, 2025, Wednesday 28th February, 2025 and Monday 3rd March, 2025.**

The cost for this program is \$12 per student. Abermain Public School P and C Association is again fully subsidising this program this year, so there is no cost to parents/carers.

The programs being delivered to students are:

KINDERGARTEN / YEAR 1 - Harold's Friendship:

Students learn about the importance of relationships and gain skills to seek help in a variety of situations.

YEAR 2 - Growing Good Friends:

Students learn about unsafe behaviours, situations and environments, and healthy food choices.

YEARS 3/4 - The Inside Story:

Students learn the benefits of healthy food for health and energy, and the function of the body systems.

YEARS 5/6 - Decisions:

Students learn about a range of medication, the laws around this medication and the different ways they impact the body and brain.

If you DO NOT want your child to participate in the "Healthy Harold" program, please contact the school in writing by Tuesday 25th February, 2025.

Debbie Bower (Principal)

Teacher in charge of Activity: Miss Prior
